



Newsletter Friday 21st June 2024

Kingmoor Nursery and Infant School

SAFETY & PARKING AROUND SCHOOL

We ask parents and carers to be considerate around school and help to keep everyone safe.

Please can people park in permitted areas only and do not park on the yellow zig-zags or on yellow lines, block resident driveways or park on the grass verges or in front of the new barrier as shown in the pictures as other cars cannot pass.

Please watch out for our Little People outside school as a reminder of where you should not be parking.

Thank you for helping us to keep everyone safe around school.



KINGFEST!



This year our annual Festival Fun Day returns - KINGFEST! There will be lots of exciting activities for the children to enjoy including, rides, bouncy castle, ice cream, hook-a-duck and coconut shy and much more.

We thank McKnight & Son Builders for being our sponsors and are asking for a contribution of £10 per child from parents for this fabulous day.

Payment can be made from today on Eduspot. You will be sent a text password reminder on Monday. Thank you for your support to school.

Woodland Wellbeing Event

Our brilliant school sponsors for
Kingmoor NI School
The Enterprise Challenge Woodland Wellbeing Event
FRIDAY 14th JUNE 2024

School would like to say a massive

THANK YOU !!!!

Hair by Simon Lowther Street Carlisle

Currys Electrical suppliers, Carlisle

Wickes Carlisle

Boots Carlisle

Eco Companies Annan, Dumfriesshire

Houghton Hall Carlisle

Fontanas Fish and Chips Carlisle

Urban Sun Tannin Shop, Carlisle

Carlisle United Football Club, Carlisle

Beauty and the Brow Beauticians, Carlisle

Razzamataz, Carlisle

Costas, Carlisle

Glow Beauty by Karagh, Carlisle

These local companies have provided substantial prizes for our raffle which will be split between school funds and the Carlisle Key which supports young adults who are homeless or at risk of being homeless.

Thank you to everyone who attended our Woodland Wellbeing event last week.

We raised a fantastic £393.50! which we are thrilled about.

We will be donating £100 to Carlisle Key, who support young adults who are homeless or risk of homelessness. The remainder of the money will be used for the children to enjoy a delicious treat at the forthcoming KINGFEST 🍦

📄 Jonathan Nursery

📄 Meela Reception

📄 Jereiah Year 1

 Emily Year 2

Congratulations to our super photographers too

 Bradley Reception

 Callum Reception

 Imogen Year 1

 Scarlett Year 2

Many thanks

Mrs Brumpton and the School Ambassadors







Wear Yellow Day for Cystic Fibrosis

It was lovely to see everyone wearing yellow today to raise awareness and money for Cystic Fibrosis - we raised over £250!

Thank you to everyone for donating.







































Sports Day - Wednesday 4th July



NURSERY SPORTS

Nursery will have their sports day session, during the week commencing 1st July, as part of their weekly provision, More information to follow on Tapestry.

RECEPTION SPORTS

Reception sports will be at 1.30pm - 2.15pm on 3rd July on the Junior Sports Field.

YEAR 1 & YEAR 2 SPORTS

Year 1 & Year 2 sports will take place at 2.15 pm- 3.15pm on the Junior Sports Field on 3rd July.

Children will change into their PE kits (white t-shirt, black shorts/joggers and trainers) before their Sports Day session.

Class 5 trip to Aglionby Wetlands

Class 5 enjoyed their trip to Aglionby Wetlands this week. They were using their noticing skills in pond dipping, were exploring the area looking for amphibians and identifying wild plants.

















Attendance

Attendance in school this week has been 95.2%.

Stars of the Week!



This half term our Learning power is 'Exploring'

Nursery Stars: Frankie P Joey S Rosalie D Amber B

Lunchtime award: Maya Sofia Aiden Lilly

Class 1 Star: Phoebe

Lunchtime award: James R

Class 2 Star: Lily

Lunchtime award: Felicity A

Class 3 Star: Sophia

Lunchtime award: Sophia R

Class 4 Star: AJ

Lunchtime award: Maria M

Class 5 Star: All of Class 5 for exploring on the school trip

Lunchtime award: Scarlet H

Class 6 Star: Finley

Lunchtime award: Louis H

Class 7 Star: Thijs

Lunchtime award: Olivia A

Class 8 Star: Neve

Lunchtime award: Emily F

Class 9 Star: Jacob

Lunchtime award: Eyebira A

Calendar Dates

Tuesday 25 th June	Year 1 Aglionby Wetlands Trip – Class 6	Morning
Tuesday 2 nd July	Year 1 Aglionby Wetlands Trip – Class 4	Morning
Wednesday 3 rd July	SPORTS DAY NURSERY - during the week commencing 1st July - more information to follow on Tapestry	
	RECEPTION - Junior Sports Field	1.30pm - 2.15pm
	YEARS 1 & 2 - Junior Sports Field	2.15 pm- 3.15pm
Tuesday 9 th July	Open Reading Session – Rec, Yr 1 & Yr 2	3.00pm
Tuesday 9 th July	Open Reading Session – Nursery	9.00am & 2.30pm
Thursday 11 th July	Choir Trip – The Glasshouse	Morning
Monday 15 th July	KINGFEST – see poster	
Tuesday 16 th July	Class 7 Leavers Assembly	9.15am
Tuesday 16 th July	Class 8 Leavers Assembly	2.45pm
Wednesday 17 th July	Class 9 Leavers Assembly	9.15am
Friday 19 th July	Last day of term	

Menu for week commencing 24th June 2024

	Choice 1	Choice 2	Pudding
Monday	Pork Meatballs or Tomato Pasta served with tomato & basil sauce, pasta, garlic bread & salad	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Vanilla Ice Cream or Fresh Fruit or Yoghurt
Tuesday	Pepperoni or Cheese & Tomato Pizza served with wedges & baked beans or mixed salad	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Chocolate Brownie or Fresh Fruit or Yoghurt
Wednesday	Pork Sausage Baguette or Vegetable Sausage served with baked beans	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Golden Cookie Or Fresh Fruit or Yoghurt
Thursday	Tomato Pasta or Macaroni Cheese served with garlic bread & sweetcorn	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Sticky Toffee Pudding, Toffee Sauce & Cream or Fresh Fruit or Yoghurt
Friday	'Fishy Friday' or Cheese Whirls served with chips and peas	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Fruit Ice Pop or Fresh Fruit or Yoghurt

Parents, please remember to order your child's lunch by Sunday night at the latest as you are unable to book lunches on the day.

Online supportive presentation's for all Parents & Carers

NHS
North Cumbria
Integrated Care
NHS Foundation Trust

Public
Health
5-19

Below are 3 sessions to support your children in school with their health and wellbeing.

8th July at 1.30pm

Session 1: How the bowel works, what can go wrong and what to do about it

[Join the meeting now](#)

Meeting ID: 388 230 177 187

Passcode: YA5f5n

15th July at 1.00pm

Session 2: Starting school an information session for parents and carers.

[Join the meeting now](#)

Meeting ID: 348 726 579 943

Passcode: kPaDm4

16th July at 1.30pm

Session 3: How the bladder works, what can go wrong and what to do about it

[Join the meeting now](#)

Meeting ID: 385 495 978 106

Passcode: N5eoNb

Every parent/carer with a mobile phone should be able to select the browser option to access Ms Teams from their device.



If you would like to have an appointment to discuss your child 1:1 with a nurse please book into our weekly E-School Nurse clinic. To book an appointment ring

01228 603973 Mon-Fri 8-4pm

If you would like more information or be emailed the meeting link please email:

E-SchoolNurse@ncic.nhs.uk

Safe, high quality care every time

E-School Nurse Video Clinic

(by appointment only)



Twice weekly online health support and advice for parents, carers and professionals who are supporting children and young people aged 5-19 years old.

Tuesday and Thursday

You can telephone for an appointment Mon-Fri 8-4pm

01228 603973

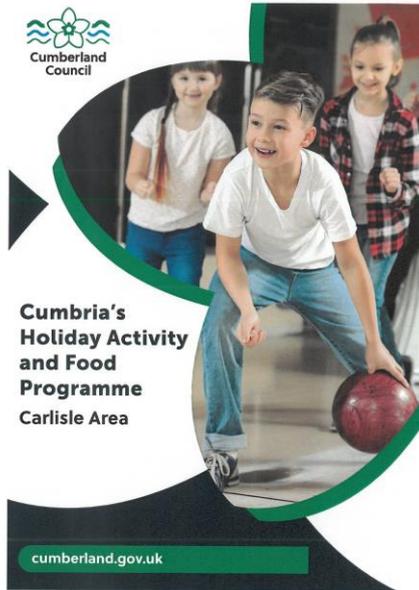
You will be able to talk to the nurse over a live video link using MS Teams. The link is private, secure, confidential and convenient, your appointment link will be sent by email on the day of your appointment.

In consultation with you, the nurse will discuss the child or young person's health problem and provide you with the support and advice needed.

For more information on the E-School Nurse video clinic please visit our website <https://www.ncic.nhs.uk/services/healthy-child-hub-0-19/public-health-five-nineteen/e-school-nurse-video-clinics>



Safe, high quality care every time



**Cumbria's
Holiday Activity
and Food
Programme
Carlisle Area**

cumberland.gov.uk

Book sessions in your area now!

- Visit cumberland.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis - and are subject to availability.
- Some activity providers offer transport. Visit cumberland.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Who is it for?

The Holiday Activity Programme is aimed at all statutory school-age children and young people (Reception-Year 11).

- Places are **FREE** for eligible children due to external funding.
- Funded places are for young people who receive benefits-related Free School Meals and other eligible children in particular circumstances.
- All children who attend will also be provided with a meal.
- Eligible children can access up to sixteen sessions this summer.
- Interested in any of the activities listed in this leaflet?
Visit Cumberland.gov.uk/holidays to book holiday activities or use the booking information provided.
- For any enquiries or to check your eligibility status email: HAF@Cumberland.gov.uk
- If you are not eligible for a funded place many providers offer paid places - please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.



SCAN ME

Carlisle Villa Boxing Club
(Annex to the rear of 71 Currock Road, Carlisle)

Description: Non-Contact Boxing, team building, leadership, and healthy lifestyles. Meals included.

Age range: 6 - 16
Dates: 22 - 26 July and 29 July - 2 August

Times: 10am - 12pm
Booking information: Email carlislevillaabc@hotmail.co.uk

Carlisle Youth Zone - Junior Offer
(Victoria Place, Carlisle)

Description: Carlisle Youth Zone offers a wide range of activities including, games and challenges, sport, music, arts, and crafts, baking and cooking, book club and gym. Meals included.

Age range: 8 - 12
Dates: 29 July - 1 August, 5 - 8, 12 - 15 and 19 - 22 August

Times: 8.30am - 3.30pm
Booking information: Call 01228 516280 or email info@carlisleyouthzone.org



Carlisle Youth Zone - Senior Offer
(Victoria Place, Carlisle)

Description: We will be offering off site activities for young people to experience new adventures in an around the local area. These trips will include outdoor activities such as walking, games and exploring new areas. For full programme of activities, please get in touch. Meals included.

Age range: 12 - 16
Dates: Wednesdays: 7, 14, 21 and 28 August. Fridays: 2, 9, 16 and 23 August

Times: Wednesdays: 10am - 3pm
Fridays: Times will vary depending on the trip but will generally be three hours.

Booking information: Call 01228 516280 or email info@carlisleyouthzone.org

Cumbria Development Education Centre
(Denton Holme Community Centre, Carlisle)

Description: A range of arts and nature-based activities to build connections, skills and agency for young people who are refugees and people seeking asylum. Meals included.

Age range: 16 - 18
Dates: Mondays: 22, 29 July, 5, 12, 19 August. Thursdays: 1, 8, 15, 22 August. Friday: 26 July

Times: 10am - 4pm
Booking information: Call 01539 431602 or email office@cdec.org.uk

Alfie's Project (Petteril Bank Community Centre, Carlisle)

Description: Indoor and outdoor fun activities, day trips, arts, and craft much more. Meals included.

Age range: 4 - 16 (SEN children only)
Dates: Wednesdays: 24 and 31 July, 7, 14, 21 and 28 August. Fridays: 19 and 26 July, 2, 9, 16, 23 and 30 August.

Times: Wednesdays: 11.30am - 3.30pm and Fridays: 4.30pm - 6.30pm

Booking information: Call 07383 975588 or Email carlislealfiesproject@gmail.com

BEE Unique SEN Activities
(Petteril Bank Community Hall & Just Messin Soft Play)

Description: Activities include a fun teddy bear picnic, Mad Hatters Tea Party with Princesses and Pjama party with games and Brad's Pet Encounter Experience. Lunch provided for booked attendees. Parents/ Carers required to stay. Beverages and biscuits provided for parents. You do not require an official diagnosis to attend. Siblings welcome to book.

Age range: 4 - 18
Dates: 20, 31 July & 6 Aug at Petteril Bank & 21 Aug at Just Messin

Times: Times and venues vary, please visit the booking link below for more information or contact Bee Unique.

Booking information: Please visit <https://bookwhen.com/beeunique> or email beeuniquecharity@gmail.com

Carlisle Mencap (The Grace Little Centre, Crindledyke Road, Carlisle)

Description: Twelve day offer exclusively for SEN children and young people including: trips to Mirehouse Gardens, Happy Hooves Riding Centre, Stocks Wood Outdoor Centre, Alpaca Visit, Allonby Beach and South Lakes Safari Zoo. We also have some fantastic activities planned at the Grace Little Centre. Meals and transport included.

Age range: 8 - 18 (SEN children only)
Dates: 24, 25, 29, 31 July, 7, 8, 14, 15, 21, 22, 28 and 29 August

Times: 10am - 3pm (times vary for trips, please contact Carlisle Mencap)

Booking information: Call 01228 674393 or email children@carlismencap.co.uk



Currock Community Centre
(Ledliard Avenue, Carlisle)
Description: Fun days of sports, gardening, cooking, crafts, and games with the GLL Community Development Team with additional activities delivered with by a range of partners, including Tullie House, Zoobidoo, Holme Head House, Action Ants & the Science Booth. Hot Homemade Meals & snack included.
Age range: 5 - 11
Dates: 24, 25, 31 July, 1, 7 and 8 August
Times: 9am - 3pm
Booking information: Call 01228 591868 or email info@currockcc.co.uk

Funcation - Carlisle Matters
(Brampton Community Centre, Union Lane, Brampton)
Description: Arts and crafts, music and dance, sport, and team games, together with a hot lunch. Trips to local parks, and an exciting 'last day' trip.
Age range: 5 - 11
Dates: 29 - 31 July
Times: 11am - 3pm
Booking information: Visit <https://carlislematters.co.uk/events/>

Funcation - Carlisle Matters
(Denton Holme Community Centre, Morley Street, Carlisle)
Description: Arts and crafts, music and dance, sport, and team games, together with a hot lunch. Trips to local parks, and an exciting 'last day' trip.
Age range: 5 - 11
Dates: 22 - 24 July
Times: 11am - 3pm
Booking information: Visit <https://carlislematters.co.uk/events/>

Funcation - Carlisle Matters
(Harraby Community Centre, Edgehill Road, Carlisle)
Description: Arts and crafts, music and dance, sport, and team games, together with a hot lunch. Trips to local parks, and an exciting 'last day' trip.
Age range: 5 - 11
Dates: 5 - 7 August
Times: 11am - 3pm
Booking information: Visit <https://carlislematters.co.uk/events/>



Morton Manor Community Centre
(Wigton Road, Carlisle)
Description: We offer something educational and fun, for all children, including sports, games, arts, and craft activities. Hot meals included.
Age range: 5 - 11
Dates: 23, 26 and 30 July, 1, 6, 8, 13, 15, 20, 22, 27 and 29 August
Times: 9.30am - 3.30pm
Booking information: Please come to the centre to complete a booking form or call 01228 531105 for more information.

NP Inclusive Sports
(Carlisle Campus Sports, Edgehill Road, Carlisle)
Description: Wheelchair based sports like basketball and bocca, and party games for all. Meals included. This is open to all children both able bodied and with additional mobility needs.
Age range: 5 - 10
Dates: 22 - 25 July
Times: 10am - 2pm
Booking information: Email Npinclusivesport@gmail.com or message us on Facebook



Oak Tree Animals' Charity
(Oak Tree Farm, Wetheral Shields, Carlisle)
Description: Caring for animals - a chance to learn about how animal shelters care for their animals and how you can help care for animals too!
Meals included.
Age range: 5 - 10
Dates: 22, 23, 30 and 31 August
Times: 10am - 2pm
Booking information: Call 01228 560082 or email info@oaktreanimals.org.uk

Pyjama Drama North Cumbria
(Holme Head House Community Atelier, Denton Holme, Carlisle)
Description: Immersive sessions of high-energy games, dynamic drama techniques, a delicious lunch, and engaging craft activities, fostering friendships and confidence building for a memorable experience filled with laughter and joy.
Age range: 5 - 8
Dates: 22, 23, 25, 29, 30 July, 1, 5, 6, 8 August and 2 September
Times: 10am - 2pm
Booking information: Visit <https://www.ticketsource.co.uk/pyjama-drama-cumbria/e-debkjl>

GLL The Sands Centre
(Newmarket Road, Carlisle)
Description: A fun water-based camp for children aged 8 plus who love to swim and try new sports. Meals included.
Age range: 8 - 16
Dates: 23 - 26 July, 30 July - 1 August, 6 - 8 August, 13 - 15 August and 20 - 22 August
Times: 9am - 3pm
Booking information: Email chloe.nixon@gl.org

GLL Trinity Leisure Centre
(Strand Road, Carlisle)
Description: Fun filled day of multi-sports, arts and crafts, games and swimming. Meals included.
Age range: 5 - 11
Dates: 22 - 25 July, 29 July - 1 August, 5 - 8 and 12 - 15 August
Times: 9am - 3pm
Booking information: Email Michael.Barnes@GLL.org

Independent Adventures
(Talkin Tam Country Park, Tam Road, Brampton)
Description: Fully supervised Adventure Holiday Clubs for 9-14 year-olds. Meals included. Transport options available.
Age range: 9 - 14
Dates: 26, 29, 31 July, 6, 8, 9, 14, 15, 16, 21, 22, 26, 27, 28, 29 and 30 August
Times: 10am - 3pm
Booking information: Visit www.independentadventure.co.uk/clubs or call 01228 420123

Inglewood Infant School
(School Road, Carlisle)
Description: This summer's theme is 'Ins and Outs' and we will provide a range of age-appropriate, creative, scientific, and playful learning activities both on and off-site. Meals included.
Age range: 5 - 7 (plus siblings aged 8 - 11)
Dates: 7, 8, 28 and 29 August
Times: 9:15am - 3pm
Booking information: Email parent@inglewood-inf.cumbria.sch.uk

Longtown Community Centre
(Arthuret Road, Longtown)
Description: A fun, educational summer activity club. Meals included.
Age range: 5 - 11
Dates: 26 July, 2, 9, 16, 23 and 30 August
Times: 10am - 3pm
Booking information: Call 01228 791876, email steph.graham@longtowncc.co.uk or come to the centre to complete a booking form.



Rocket Theatre Group
(Former Officers Mess, The Castle, Carlisle)
Description: Sing, dance, act, play and have fun with friends. Meals included.
Age range: 5 - 16
Dates: 22 - 26 July and 29 July - 2 August
Times: 10am - 2pm
Booking information: To request a booking form please email info@rockettheatregroup.co.uk

RRCA / Manchester United Foundation
(Richard Rose Central Academy, Lismore Place, Carlisle)
Description: A fun filled three-day summer holiday activity programme. Meals included. Exclusively for RRCA students and Manchester United Foundation Partner Primary schools.
Age range: 9 - 16
Dates: 29 - 31 July
Times: 10am - 2pm
Booking information: RRCA bookings email Jessica.Nelson@rrca.org.uk Partner Primary bookings email Adam.Whitfield@mufoundation.org

St Barnabas and St Luke's Churches with The Lookout Community Hub
Description: Fun days, inflatables, sports, games, entertainers, discos, trips away - lots of fun, food, and games!
Age range: 4 - 16
Dates: St Barnabas Church: 23, 29 July, 12 and 26 August
St Lukes Church: 31 July, 14, 20 and 28 August
Trips: 26 July: Walby Farm
2 August: Gulliver's World
6 August: Dalscone Farm
7 August: Beamish
16 August: Funshack,
22 August: Blackpool
2 September: Fusion trampolene park.
Times: Church based sessions will run 11am - 2pm, for trip times please get in touch.
Booking information: Message us through Facebook at The Lookout Community Hub or message 07436 005238.

Stone Eden Nursery School
(Holme Lane, Carlisle)
Description: A range of on and off-site activities including trips to the park, sports, games and making your own meals.
Age range: 5 - 11
Dates: 22 July - 18 August
Times: 10am - 3.30pm
Booking information: Call 01228 599400 or email info@stoneeden.co.uk

Susan's Farm
(145 Houghton Road, Carlisle)
Description: Farm and woodland based outdoor activities on a working farm. Meals included.
Age range: 4 - 11
Dates: 20, 22 and 23 August
Times: 10am - 3pm
Booking information: Email helene@susansfarm.co.uk

The Sands Centre Theatre School
(Newmarket Road, Carlisle)
Description: Summer Theatre School including singing, acting, dancing and food. There will be a performance on Sunday with two complimentary tickets for family members to attend.
Age range: 8 - 18
Dates: 27 Aug - 1 September
Times: 9am - 5pm. Sunday performance will start at 6pm
Booking information: Visit betterboxoffice.co.uk/the-sands-centre/half/summer-school

Watchtree Nature Reserve
(Nr Wiggonby, Wigton)
Description: Forest School/ Nature-based Kids' Clubs. Meals included.
Age range: 5 - 12
Dates: 24, 26, 31 July, 2, 7, 14, 16, 21, 23, 28, 30 August and 3 September
Times: 10am - 4pm
Booking information: Email learning@watchtree.co.uk

Yewdale Community Centre
(Hutton Way, Carlisle)
Description: Trampoline themed holiday camp - indoor and outdoor games, activities, and crafts. Meals included.
Age range: 5 - 16
Dates: 24, 25, 31 July and 1, 21, 22 August
Times: 10am - 3pm
Booking information: Email ruth.crane@yewdalecc.co.uk or visit the centre

cumberland.gov.uk

NHS

MEASLES

Don't let your child catch it
- get them vaccinated with the MMR vaccine

- measles outbreaks happen when not enough children have been vaccinated
- measles can be a very serious disease, leading to ear and chest infections, fits, diarrhoea, and damage to the brain. Measles can kill
- your child is at risk of measles if he or she hasn't had the MMR vaccination
- 2 doses of MMR vaccine are needed to get the best protection
- if your child is due to have had 2 doses of MMR but has not yet received them, no matter what age they are, you should contact your GP to get them vaccinated as soon as possible*
- if you can't remember if your child has had any, 1 or 2 doses of MMR vaccine, check his or her personal child health record (the Red Book). If this doesn't help, speak to your GP
- if you don't know how many doses your child has had, it's better to have 2 doses of MMR vaccine now rather than risk leaving them unprotected

*In response to a local outbreak then the 2 doses can be given one month apart from the age of 18 months.

immunisation
the safest way to protect your child

Some common questions about measles and the MMR vaccine are listed on the back of this leaflet



Answers to some common questions about measles and the MMR vaccine

Why are we seeing these outbreaks of measles?

Measles is a highly infectious disease, spreading quickly from person to person, especially in schools. A child with measles will infect almost all unprotected children they have contact with. Since the end of 2017 there has been an increase in measles globally which has affected the UK. This has resulted in some spread into wider communities, in particular in undervaccinated groups.

When are the MMR vaccinations usually given?

The best times are between 12 and 13 months of age and again at 3 years and 4 months, with one dose on each occasion. But, if your child wasn't vaccinated then, they can be vaccinated at any age with 2 doses one month apart.

Will there be any side effects to the vaccination?

Your child may get the symptoms of measles, mumps and rubella for up to 6 weeks after the vaccination but in a very much milder form. This proves that the vaccine is working and your child is building up resistance to future contact with the viruses that cause the 3 diseases. Not all children show these symptoms but that doesn't mean the vaccine isn't working.

Should parents in outbreak areas get vaccinated against measles?

As with many diseases, once you have had measles, you don't catch it again because you have built up a natural resistance to it. So, if you've had measles or 2 doses of MMR vaccine you do not need to get vaccinated now.

For more information about measles and MMR go to www.nhs.uk/conditions/measles/

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NHS

Immunisation Information