



# Newsletter Friday 14th June 2024

## Kingmoor Nursery and Infant School

### Polite reminder

Please can we remind parents not to park in the Junior School staff car park and block other cars in when picking up or dropping children off, thank you.

### Woodland Wellbeing Event Raffle

A massive Thank You to all our sponsors for the raffle prize donations! Look out in next week's newsletter for pictures of the event and how much we raised.



## **Maryscruff Companion Dog show**

**In aid of Maryport Lifeboat Station**

**To be held at the Fun Day - Maryport Marina**

**Saturday 22nd June 2024**

**Registration from 10am Showing from 12 Noon**



### **Pedigree Classes**

Any Variety Puppy 6-12 months

Any Variety Sporting Dog or Bitch

Any Variety Non-Sporting Dog or Bitch

Veteran (Over 7 Years)

### **Crossbreed Classes**

Puppy (up to 12 months)

Sporting Dog

Non – Sporting Dog

Veteran (Over 7 Years)



### **Sponsored by Millcroft Veterinary Group**

Above classes are £2 entry fee with rosettes for 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup>

### **Novelty Classes**

Child Handler (up to 10 years old) – Sponsored by

Child Handler (10-16 years old) – Sponsored by

Best Rescue Dog

Scuffiest Pooch

Dog most like its owner

Most Handsome Dog

Prettiest Bitch



Excluding children's Classes entry fee for Novelty will be £1

## Sports Day - Wednesday 4th July



### NURSERY SPORTS

Nursery will have their sports day session, during the week commencing 1st July, as part of their weekly provision, More information to follow on Tapestry.

### RECEPTION SPORTS

Reception sports will be at 1.30pm - 2.15pm on 3rd July on the Junior Sports Field.

### YEAR 1 & YEAR 2 SPORTS

Year 1 & Year 2 sports will take place at 2.15 pm- 3.15pm on the Junior Sports Field on 3rd July.

Children will change into their PE kits (white t-shirt, black shorts/joggers and trainers) before their Sports Day session.

## Year 2 Olympic Fun Day Event

Year 2 enjoyed their day at the Carlisle School Partnership Olympic Fun Day event. There was a range of activities such as hurdles, sprinting, long jump, dodgeball, gymnastics, javelin and tennis.

They all took part with lots of enthusiasm and were fantastic role models for our school. Well done Year 2!











## Talents & Achievements

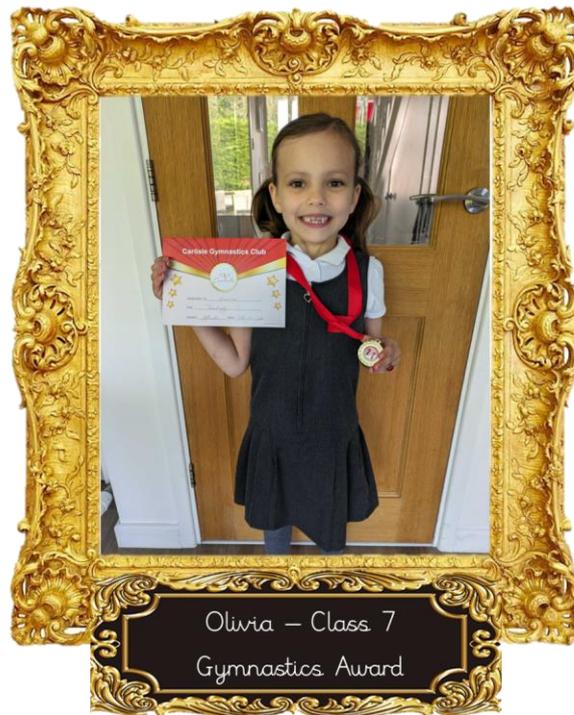
Lots of achievements this week, well done everyone!







Phoebe – Class 1  
Gymnast of the Month



Olivia – Class 7  
Gymnastics Award



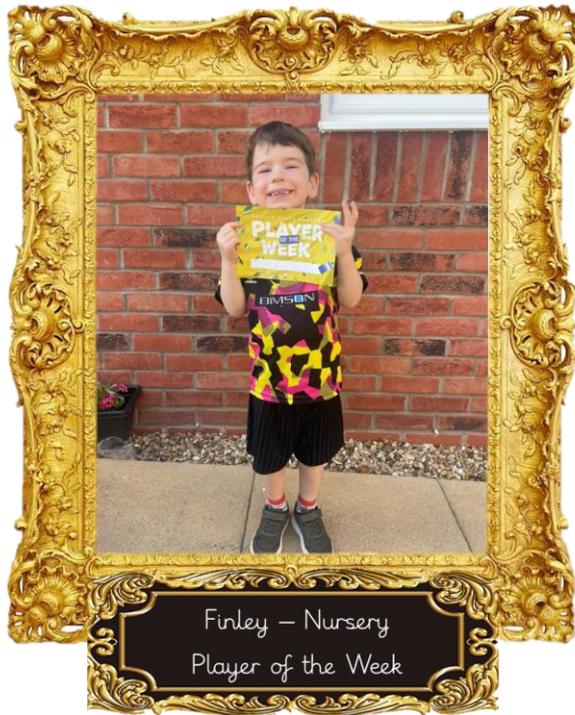
Annabelle – Nursery  
Swimming award



April – Class 1  
Gymnastics Award



April – Class 1  
Gymnast of the Week



Finley – Nursery  
Player of the Week



## Attendance

Attendance was better this week and was 95.7%, well done!

## Stars of the Week!



**This half term our Learning power is 'Exploring'**

Nursery Stars: Nova C Tommy M Sophia Mc Anabelle I-Q

Lunchtime award: Hudson G-G Aiden B Amber B

Class 1 Star: Lander

Lunchtime award: Darcy V

Class 2 Star: Oliver

Lunchtime award: Jake F

Class 3 Star: Maia

Lunchtime award: Harlow-Rae

Class 4 Star: Dottie-Mae

Lunchtime award: Zakai U

Class 5 Star: Jack B

Lunchtime award: Jaxson B

Class 6 Star: Rosie

Lunchtime award: Luca B

Class 7 Star: Kyla

Lunchtime award: Felicity Dream M-T

Class 8 Star: Jaq

Lunchtime award: Ella H

Class 9 Star: Andrew

Lunchtime award: Jasmine D

## Calendar Dates

Monday - Friday 17 <sup>th</sup> – 21 <sup>st</sup> June	Art Week	
Friday 21 <sup>st</sup> June	Sketchbook look – Parents/Carers to come in	3.00pm
Tuesday 18 <sup>th</sup> June	Year 1 Aglionby Wetlands Trip – Class 5	Morning
Friday 21 <sup>st</sup> June	Non uniform & Wear yellow – raising money for Cystic Fibrosis Donations £1 or more welcomed	
Tuesday 25 <sup>th</sup> June	Year 1 Aglionby Wetlands Trip – Class 6	Morning
Tuesday 2 <sup>nd</sup> July	Year 1 Aglionby Wetlands Trip – Class 4	Morning
Wednesday 3 <sup>rd</sup> July	<b>SPORTS DAY</b> NURSERY - during the week commencing 1st July - more information to follow on Tapestry	
	RECEPTION - Junior Sports Field	1.30pm - 2.15pm
	YEARS 1 & 2 - Junior Sports Field	2.15 pm- 3.15pm
Tuesday 9 <sup>th</sup> July	Open Reading Session – Rec, Yr 1 & Yr 2	3.00pm
Tuesday 9 <sup>th</sup> July	Open Reading Session – Nursery	9.00am & 2.30pm
Thursday 11 <sup>th</sup> July	Choir Trip – The Glasshouse	Morning
Monday 15 <sup>th</sup> July	KINGFEST – more information to follow	
Tuesday 16 <sup>th</sup> July	Class 7 Leavers Assembly	9.15am
Tuesday 16 <sup>th</sup> July	Class 8 Leavers Assembly	2.45pm
Wednesday 17 <sup>th</sup> July	Class 9 Leavers Assembly	9.15am
Friday 19 <sup>th</sup> July	Last day of term	

## Menu for week commencing 17th June 2024

	Choice 1	Choice 2	Pudding
Monday	<b>Crispy Chicken or Veggie Burger</b> served with potato wedges, carrots & sweetcorn	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	Strawberry Ice Cream Tub Or <b>fresh fruit or Yoghurt</b>
Tuesday	<b>Sausage Rolls or Cheese &amp; Potato Pie</b> served with creamed potato, baked beans or salad	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	Chocolate Chip Cookie or <b>fresh fruit or yoghurt</b>
Wednesday	<b>Beef or Cheeseburger or Quorn Fillet</b> Served with sautéed potatoes & salad	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Angel Delight</b> Or <b>fresh fruit or yoghurt</b>
Thursday	<b>Tuna Pasta Bake or Tomato Pasta Bake</b> served with sweetcorn	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	Flapjack Or <b>Fresh Fruit or Yoghurt</b>
Friday	<b>'Fishy Friday' or Veggie Sausage</b> served with chips, peas & tomato ketchup	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	Iced Vanilla Sponge or <b>Fresh Fruit or yoghurt</b>

Parents, please remember to order your child's lunch by Sunday night at the latest as you are unable to book lunches on the day.

## Information



The poster features logos for Maryport Town Council, Cumberland Council, and the Royal Coat of Arms. The background shows a boat on the water with three circular insets: a boat, a Lancaster bomber, and a parachute display.

**MARYPORT  
RESCUE FUN DAY  
& MARYSCRUFF  
COMPANION DOG SHOW**

**LANCASTER BOMBER FLY PAST  
RAF PARACHUTE DISPLAY - EMERGENCY SERVICES  
TUG OF WAR - BAR - LIVE MUSIC  
KIDS RIDES - BOUNCY CASTLE - FAIR  
FOOD & CRAFT STALLS - FACE PAINTING  
RAFFLE - TOMBOLA - CAKE STALL - BBQ  
& MUCH MORE!**

**SATURDAY 22ND JUNE  
MARYPORT MARINA - 10AM TILL LATE  
COME ALONG AND JOIN IN THE FUN!**



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Dog most like its owner

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0 – 19 Child and Family support services - Carlisle

We're Updating Our Distribution List!

Scan the code below to join!



Alternatively go to <https://forms.office.com/e/5PpeUuySqj>

Give us a like  and follow  us to stay up to date.

Registered Charity Number:264713

[www.facebook.com/CarlisleSupport](http://www.facebook.com/CarlisleSupport)

Find out more at [cumberland.gov.uk](http://cumberland.gov.uk)



Worried that your child is ill?

Healthier Together can help you work out what's wrong, what to do and where to go for help. The website and app have been developed by local healthcare professionals for parents and carers. It's got all the information and advice you need to keep your child healthy.

Find us online at [www.nenc-healthiertogether.nhs.uk](http://www.nenc-healthiertogether.nhs.uk)

Download the free app 'Healthier Together'

Scan the QR code with a smart phone to view the website






## Kik

**Kik state you must be 16 years of age to use the app.**

### What is Kik?

Kik is classed as a social network where users can message each other, share photos/videos as well as video chat.

### What do I need to be aware of?

- Groups – once a user joins a group then your child can receive messages from other members of that group. Some of the groups are centered around topics that are inappropriate for under 18s.
- Adverts
- Location sharing
- Explicit content – including images, videos and messages.
- Live streaming/videos - risk of seeing/hearing inappropriate content.
- Talking to strangers

### What parental controls does Kik offer?

Kik does have reporting and blocking tools as outlined here: <https://kikhelpcenter.zendesk.com/hc/en-us/articles/440240074043-What-cant-do-if-my-teen-has-received-an-unwanted-or-inappropriate-message>

### Further information

- <https://parentzone.org.uk/article/kik>
- <https://www.nscpc.org.uk/keeping-children-safe/online-safety/social-media/chat-apps/>

## Check age ratings!

There is so much that we can do online nowadays including playing games, chatting with others, watching TV or sharing our videos/photographs. Being online can be great but it is important that we set boundaries for our children to keep them safe whilst they explore being online, develop their digital resilience and understanding of what to do if anything negative happens when online.



So how can we help keep our children safe? We can start by checking age restrictions/ratings. It is important that we follow these to ensure that what our children are doing or seeing online is appropriate for their age.

### Where can I find age ratings?

**Films:** The British Board of Film Classification (BBFC) rate films. This page includes a link to a 'Parents' Guide to Age Ratings': <https://www.bbfc.co.uk/resources/viewing-films-safely-online>.

**Video games:** PEGI provides age classifications for video games. PEGI considers the age suitability of a game, not the level of difficulty. It is important to note that PEGI do not take into consideration user generated content within games (such as on Roblox) and chat facilities within games.

**Apps:** Check the individual age ratings within the relevant app store. We also recommend that you download any apps and play them yourself to check their suitability.

**Social Media:** All social media networks have a minimum age rating; they are all at least 13+.

### What else can I do?

- Explain the importance of age ratings to your child.
- Go online together to see what your child is accessing.
- Set up parental controls on your broadband, devices and on any individual apps that your child is using. This will reduce the chances of them accessing or viewing anything unsuitable.
- Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them then they should talk to you or another trusted adult.

### Further information

You can find out more here: <https://www.bbc.com/ownit/take-control/understanding-age-ratings>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.06.24.

## Chatting online

Following a recent report by the BBC detailing how a child was asked for inappropriate images when chatting online (source: <https://www.bbc.com/news/uk-england-gloucestershire-68616730>), we thought we would discuss the dangers your child might face when communicating with strangers online.

In addition to social media apps that include a chat facility, most online games also allow communication, for example FIFA and Fortnite. Depending on the game, this may be via the in-game text chat, direct messages or talking through headphones. Some games do offer the ability to switch communication off or restrict bad language so make sure settings appropriate to your child are set up for each of the games they play. You need to be aware that there are people who may use these games to start chatting to your child and then encourage them to chat on alternative apps (which are more private, encrypted or have fewer safety options). Talk to your child about the dangers of doing this.

### What risks are there with chatting online?

- Bullying
- Inappropriate chat – children may encounter explicit or inappropriate content.
- Contact from strangers – talk to your child about who is contacting them online.
- Sharing personal information – talk to your child about what information they share with others including images.
- Sextortion - this is a form of blackmail where somebody threatens to share a nude/sexual image of you.

### How can I mitigate the risks?

- Ensure your child is accessing age-appropriate apps/games and that appropriate parental controls are set up.
- Chat to your child about the risks above so they are aware of what can happen online.
- Depending on the age of your child, it may be more appropriate for devices to be used in family rooms so you can monitor what they are doing and if they are chatting to others.

### Reporting other users

It can be difficult to moderate online chat so ensure your child knows how to block and report others who make them feel uncomfortable and that they know to talk to you or a trusted adult if they have any concerns.

### Further information

- <https://www.ceopeducation.co.uk/parents/Concerned-about-your-child/Online-contact-and-staying-safe/>



## Tips to promote positive body image

If your child is viewing content online, particularly on social media, then the images they are seeing may be edited or even fake. A child may not yet be able to distinguish between reality and what is not real/fake, which may impact their own body image.

Internet Matters provide advice on how to empower your child to develop a positive body image and what you can do to help. Find out more here: <https://www.internetmatters.org/resources/promoting-positive-body-image-with-children/>

## CBeebies Little Learners app

The CBeebies Little Learners app has been created with BBC Bitesize and educational experts to provide your child with a fun learning experience. It includes activities based on the UK's Early Years Foundation Stage framework, for example sounds and letters and numbers and shapes. You can learn more here: <https://www.bbc.com/bitesize/articles/zrdjhdj>

## LEGO Build and Talk

LEGO® have created Build and Talk to help you chat to your child about online safety. The activities have been created for children ages 6 to 9.

Firstly, you pick an activity to do and then you read a story, which includes questions and conversation prompts, whilst you build LEGO® together. This is a fantastic way to start talking to your child about topics such as screentime and cyberbullying. Find out more here: <https://www.lego.com/en-gb/sustainability/children/buildandtalk>