



# Newsletter Friday 17th November 2023

[Kingmoor Nursery and Infant School](#)

[Children In Need](#)

Fantastic to see all the children wearing spots to support Children In Need, we have raised £200!

Thank you for your support.





















Pre-Loved Uniform Sale



On Monday and Tuesday next week there will be a sale of pre-loved school uniform.

This will be in the school hall between 3.15pm and 3.45pm, donations please.

## Pantomime

What a show! The children really enjoyed joining in and watching the pantomime, they had a fantastic time.



## Odd Socks....

Great to see so many children wearing 'odd socks' today to show support for anti-bullying week.





## Social Enterprise Project

We are excited to tell you that some of the children have started a small social enterprise project. We will be learning about how a business works and working together with a local business to host a Christmas event!

It will take place at school on Friday 8th December from 3pm to 4.30pm, more details to follow soon!

## Active Travel Survey

Would you like the chance to win one of 2 x £250 vouchers to spend in time for Christmas?

The Active Travel to School team at @activecumbriacsp wants to hear from you!

If you have a child attending a nursery, primary or secondary school in Cumbria, you are eligible to enter the prize draw.

Simply complete a short survey on how your child gets to school, how often you walk, wheel or cycle on the school run, and tell us about any challenges that may prevent you from having an active school commute.

This will help us understand how often families travel to school using physical activity such as walking, wheeling, scooting or cycling and what measures can support you on your daily school commute!

Remember to complete the survey by Friday 8 December 2023 to enter the draw to win one of 2 x £250 vouchers here:

<https://tinyurl.com/yyvue9d5>





Dear Parent / Carer,

The Active Travel to School team at Active Cumbria would love to hear from you. We are asking parents across Cumbria to complete a short online survey by **Friday 8 December 2023**, with the opportunity to **win one of 2 x £250 vouchers** in time for Christmas.

If you have a child attending a nursery, primary or secondary school in Cumbria, you are eligible to enter the prize draw. Simply complete a short online survey on how your child gets to school, how often you walk, wheel or cycle on the school run, and tell us about any challenges that may prevent you from having an active school commute.

This will help us understand how often families travel to school using physical activity such as walking, wheeling, scooting or cycling and what measures can support you on your daily school commute.

This survey should take no more than 5-10 minutes of your time and any information you provide will be kept secure and confidential.

Remember to complete the survey by **Friday 8 December 2023** if you would like to enter the draw to **win one of 2 x £250 vouchers** here:

<https://surveymechanics.com/s/activetravel>

We ask all parents to please consider completing the survey, as it will help us to build the picture of local attitudes, barriers and enablers to active travel across Cumbria and allow us to better support schools and communities to embed active travel behaviours.

Active Cumbria's Active Travel to School team is committed to improving lives through physical activity and supports active and sustainable travel approaches for children, parents and carers across the county.

Many thanks,

The Active Travel to School Team



## Attendance

Our attendance in school this week has been 96.6%, well done everyone.

## Talents & Achievements

Well done, what a lot of children sharing their achievements with us this week, thank you!





Albie – Class 1  
Swimming award



Jasmine – Class 9  
Gymnastics award





## Makaton

Here are the next letters of the alphabet in Makaton.

Remember, when saying someone's name, you use the Makaton sign for the first letter of their name.



*1 - g - 2 fists, place one on top of another*



*2 - h - open palms, slide one hand over another*



*3 - i - open palm, touch forefinger to middle finger*

Mr Tumble's Alphabet Song [Mr Tumble's Alphabet Song - CBeebies - BBC](#)

## Stars of the Week!

**This half term our Learning power is 'Imagining'**

Nursery Stars: Asia Sophia Erin Jaxon

Lunchtime award: Thomas H

Class 1 Star: Ella

Lunchtime award: Maisie M

Class 2 Star: Adam

Lunchtime award: Ezra G

Class 3 Star: Finn

Lunchtime award: Hayleigh A

Class 4 Star: Tyler

Lunchtime award: Dottie-Mae D

Class 5 Star: Josh

Lunchtime award: Scarlet H

Class 6 Star: Jacob

Lunchtime award: Jenson T

Class 7 Star: Thijs

Lunchtime award: Sadie B

Class 8 Star: Charlie

Lunchtime award: Etta S

Class 9 Star: Charlie

Lunchtime award: Sienna K

## Term Dates

Friday 24 <sup>th</sup> November	Lowry Hill Light Switch On - at the trees by main entrance to the estate	3.40pm
Tuesday 28 <sup>th</sup> November	Year 2 parents look around the Junior School from 3.45pm. Enter through the Junior School main office door	3.45pm
Friday 1 <sup>st</sup> December	Our Book Advent Calendar starts	
Monday 4 <sup>th</sup> December	Open Reading Session in school – Reception, Year 1 & Year 2	3pm
	Nursery Open Reading session in school	9am & 2.30pm
Tuesday 5 <sup>th</sup> December	Nursery new parents (January 2024 starters) meeting via TEAMS	5.30pm
Friday 8 <sup>th</sup> December	Christmas Jumper Day / wear something Christmassy – raising money for CFM Cash for Kids £2 donations	
Monday 11 <sup>th</sup> December	Year 2 Christmas Performance PM	2.00pm
Tuesday 12 <sup>th</sup> December	Year 2 Christmas Performance AM	9.15am
Wednesday 13 <sup>th</sup> December	Year 1 Christmas Performance AM	9.15am
	Year 1 Christmas Performance PM	2.00pm
Wednesday 13 <sup>th</sup> December	Christmas Dinner Day	
Thursday 14 <sup>th</sup> December	Reception Christmas Performance PM	2.00pm
Friday 15 <sup>th</sup> December	Reception Christmas Performance AM	9.15am
Monday 18 <sup>th</sup> December	Reception Disco – Reception building	3.30pm – 4.30pm
	Year 1 & Year 2 Disco – School hall	5.30pm – 6.30pm
Tuesday 19 <sup>th</sup> December	Last day of term	
Wednesday 3 <sup>rd</sup> January 2024	First day of term	

## Menu for week commencing 20th November 2023

Parents, please remember to order your child's lunch on School Hub

1.	Choice 1	Choice 2	Pudding
Monday	<b>Ham or Cheese &amp; Tomato Pizza</b> served with wedges & baked beans or salad	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Ice Cream Roll</b> or <b>fresh fruit or yogurt</b>
Tuesday	<b>Sausage (Pork) or Veggie Sausage</b> served with creamed potato, sweetcorn & gravy	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Chocolate Brownie</b> or <b>fresh fruit or yoghurt</b>
Wednesday	<b>Roast of the Day Ham or Quorn Fillet</b> Local roast ham with Yorkshire pudding, roast potatoes, carrots & peas, and gravy	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Iced Gingerbread</b> or <b>Fresh Fruit or yoghurt</b>
Thursday	<b>Beef Pasta Bolognese or Sweet Tomato Pasta</b> served with Garlic Bread & Green Beans	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Marble Sponge</b> or <b>Fresh Fruit or yoghurt</b>
Friday	<b>'Fishy Friday' or Cheese &amp; Egg Flan</b> served with chips, sweetcorn & tomato ketchup	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Banana Cake</b> or <b>Fresh Fruit or yoghurt</b>

# Information





## Is your child undergoing assessment for autism?

Do you have any questions or would you like some support?  
Would you like to meet other parents and carers also going through the process?

Come and meet the team at a library in your area...

- Autism pathway navigator
- Speech and Language therapy
- Occupational therapy
- Learning disability nurse



**East Cumbria date:**

**Thursday 23<sup>rd</sup> November**  
1-3pm at Carlisle Library,  
The Lanes Shopping Centre.

**West Cumbria date:**

**Wednesday 13<sup>th</sup> December**  
1-3pm at Workington Library.

For further details, you can contact our Autism Pathway Navigator at [NorthCumbriaChildrensM AAT@ncic.nhs.uk](mailto:AAT@ncic.nhs.uk)

This drop in is for parents and carers of:

- Children who have been seen by the paediatrician
- Children who are on the 'multi agency assessment team' (MAAT) pathway
- Children who have not yet received a diagnosis

## Join the official Parent Carer Forum for Cumbria!

About SENDAC

Giving Parent Carers a platform to shape SEND services

SEND Alliance Cumbria - The statutory parent carer forum for Cumbria. We are an independent organisation, funded by the Department of Education. We are run by a Forum committee made up of volunteer Parent Carer Reps across Cumbria, who have children with a variety of needs. We have an ever-growing membership of Parent carers!

### Meet Our Team

Our Parent Carer Reps

 Georgina Board SENDAC Chair & Co-Chair Carlisle	 Andrea Hodgson SENDAC Parent Rep (Carlisle)
 Paul Morgan SENDAC Management (Workington)	 Julie Kelly SENDAC Parent Rep (Workington)
 Amy Bennett SENDAC Management (Carlisle)	 Amanda Gillman SENDAC Parent Rep (Carlisle)
 Christine Smith SENDAC Management (Carlisle)	 Katie Swainson SENDAC Secretary (Carlisle)
 Anna Robinson SENDAC Parent Rep (Carlisle)	 Suzanne Smith SENDAC Parent Rep (Carlisle)
 Lisa Smith SENDAC Parent Rep (Workington)	 Lorraine Roberts SENDAC Parent Rep (Workington)
 Paul Hirst SENDAC Parent Rep (Workington)	

### Become a Member!

Membership is open to ALL parents & carers of children/young people with SEND aged 0-25 in Cumbria. You don't even need to have a diagnosis, and membership is FREE!

- ✓ No commitments
- ✓ Completely FREE
- ✓ Membership benefits:

**Volunteering at SENDAC - Westmorland and Furness reps needed!**

Do you want to be more involved with your statutory forum? Volunteer with us! As a volunteer at SENDAC, you can choose how much time you have to give to the forum, no need to look inside or help anyone. You can also choose exactly what you would like to do. Some examples include:

- Help plan events
- Attend meetings with the local LEA
- Attend parent coffee mornings & events
- Help write our newsletter and magazine posts
- Help with letters & contact requests from parent carers
- Help monitor our Facebook, Twitter & LinkedIn pages

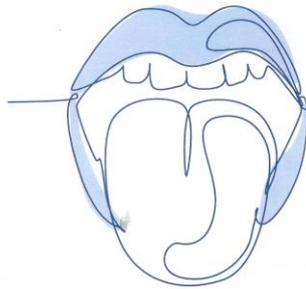
- ✓ Make friends & connections
- ✓ professional and personal growth
- ✓ new career path and passion
- ✓ make a difference to SEND families

Find out more about how to become a member at [www.sendac.org](http://www.sendac.org)

CONTACT US

[info@sendac.org](mailto:info@sendac.org) 01753 852527  
 SENDAC (at Carlisle Family Support) The Office, 100-102, Carlisle Road, Carlisle, Cumbria, CA1 1JH  
 SENDAC (at Workington) 100-102, Carlisle Road, Workington, Cumbria, CA14 3JH

[www.mouthcancer.org](http://www.mouthcancer.org)



**A SIMPLE  
CHECK  
COULD SAVE  
YOUR LIFE**

Look for red or white patches,  
long-lasting mouth ulcers  
or unusual lumps and swellings  
in the mouth, lips, head and neck.

**IF IN DOUBT, GET CHECKED OUT...  
...VISIT YOUR DENTIST OR DOCTOR**



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For more information



#MouthCancerAction



All Oral Health Foundation charity campaigns. Registered Charity Number 263798 © Oral Health Foundation



**Cumberland  
Council**



Parents/carers are  
responsible for applying  
for a school place by  
**15 January 2024**

## **Starting School**

Children born between

**1 September 2019**

**and 31 August 2020**

can start school in **September 2024**

You can apply online at: [www.cumberland.gov.uk](http://www.cumberland.gov.uk)

Alternatively pick up

"Starting School in Cumberland-September 2024"

leaflet from any infant or primary school

or contact: **01228 221582**

or email [school.admissions@cumberland.gov.uk](mailto:school.admissions@cumberland.gov.uk)

[cumberland.gov.uk](http://cumberland.gov.uk)

  
 Registered Charity Number 1169571 / SC044389

# Christmas Market

and Winter Wonderland Santa's Grotto

Remember to bring your spare change!



Book a Stall from just £8



**Saturday  
18th  
November**

Oak Tree Farm,  
 Wetheral  
 Shields, Carlisle,  
 CA4 8JA

Browse our delightful selection of Christmas stalls while you sip on some mulled wine (or cider) and listen to carols! All profits go to help the animals we care for.  
 Further details can be found at [www.oaktreeanimals.org.uk/events](http://www.oaktreeanimals.org.uk/events)



**18**  
November

## Santa Scramble

### at Oak Tree Farm

12.00pm to 3.00pm Oak Tree Animals' Charity, Wetheral Shields, Carlisle, CA4 8JA



**Take on the challenge!**

Gather your team and race on the Santa Scramble Inflatable Obstacle Course!

Sponsored by



£5 per child

£10 per adult





For more info please visit: [www.oaktreeanimals.org.uk/events](http://www.oaktreeanimals.org.uk/events)  
 or scan the QR Code

Registered Charity Number 1169571 / SC044389

# KINGMOOR BABY AND TODDLER GROUP



Thursdays 1:45pm to 3pm

Sessions every week (closed during school holidays)

Craft, snack, songs, rhyme and play.

Children from 0 - to school age welcome. Come along to our friendly and welcoming group.

Tea, coffee and cake.  
£1 donation per family!



0 – 19 Child and Family support services - Carlisle

## Bookstart

Come along and join our Bookstart sessions. This free 4 week programme will include information and advice for parents and carers alongside fun activities for your child that will encourage a love of stories, songs, books and rhymes. This programme will help your child's developing language and communication skills.



Sessions will be held at: Uppertby Primary School  
Uldale Road, Carlisle CA2 4JT  
Every Friday 1:30pm-2:30pm for 4 weeks  
17<sup>th</sup> November - 8<sup>th</sup> December 2023

For more information or to book your place please contact:  
Kirsty on 07815 688 932 or [kirsty.lowry@family-action.org.uk](mailto:kirsty.lowry@family-action.org.uk) or  
Sophie on 07816 087 116 or [sophie.batchelor@family-action.org.uk](mailto:sophie.batchelor@family-action.org.uk) or  
Elaine on 07816 086 564 or [elaine.harty@family-action.org.uk](mailto:elaine.harty@family-action.org.uk)

Registered Charity Number:264713

[www.facebook.com/CarlisleSupport](https://www.facebook.com/CarlisleSupport)

Find out more at [cumberland.gov.uk](http://cumberland.gov.uk)

4 - This course is for Nursery aged children as it is held during the day