



# Newsletter Friday 23rd May 2025

Kingmoor Nursery and Infant School

Uniform Ordering



If you need to order uniform for your children who will be attend this school in September 2025 please do this on Eduspot under the Shop tab by 31st May to ensure delivery before the end of the summer term in July.

There will be another order done at the end of July but this will not arrive in school until the beginning of September.

## Cash for Kids Day



Thank you to all the children for bringing in donations for Cash for Kids Day where all the children enjoyed a cake.

We raised £190, well done!













## In Nursery this week.....

Nursery have planted on their sunflower seedlings into larger pots outside. We cannot wait to watch them grow and see how tall they get!









In Year 2 this week.....

The children have been observing plants in the school grounds. They photographed each plant and discussed whether the plants were thriving or not thriving. They then shared their findings and used their knowledge to diagnose the problem with the plants.









## The Rookie Roller Sessions

Please find below information about free sessions being offered from the local council which are useful for those children who might not feel confident about taking part in Bikeability training as they are yet to learn to ride a bike.

These sessions are great opportunities for people of all abilities to increase their cycling skills and confidence and are **FREE**.

Spaces can be booked by following the below links, you can book onto as many sessions as you like.

[FREE Rookie Rollers Bike Confidence Session Tickets, Thu, May 29, 2025 at 11:00 AM | Eventbrite](#)

[FREE Roll Ready Bike Confidence Session Tickets, Thu, May 29, 2025 at 12:30 PM | Eventbrite](#)

[FREE Road Rollers Tickets, Thu, May 29, 2025 at 2:00 PM | Eventbrite](#)

[FREE Rookie Rollers Bike Confidence Session Tickets, Fri, May 30, 2025 at 11:00 AM | Eventbrite](#)

[FREE Roll Ready Bike Confidence Session Tickets, Fri, May 30, 2025 at 12:30 PM | Eventbrite](#)

[FREE Road Rollers Tickets, Fri, May 30, 2025 at 2:00 PM | Eventbrite](#)

Group booking is also available, to do this please contact [travelactively@cumberland.gov.uk](mailto:travelactively@cumberland.gov.uk)

## Starting Reception - new guidance for families



A coalition of early years organisations have launched 'Starting Reception' which is a practical definition of school readiness for parents and educators. This is the first time that such a large group of organisations have come together to suggest specific activities that parents can practise with their child as they prepare for reception.

This guidance will help parents, carers, early years providers and schools to think about what it means to help children to be ready to start Reception and highlights the key skills that they need to help them to develop confidence and independence.

Find out more here - [https://startingreception.co.uk/?trk=public\\_post\\_reshare-text](https://startingreception.co.uk/?trk=public_post_reshare-text)

## Introduction

We understand that all children develop at their own pace, and that we're all learning from birth. When it's time to start school, some children will need more help than others.

There are key skills\* that schools expect children to be learning before their first day. Practising these will make your child's journey to Reception as positive as possible.

If your child is already at nursery, in pre-school, or with a childminder, those professionals will work with you and your child to help get them ready.

There's lots you can do at home to build your child's confidence and independence, helping them feel emotionally and practically prepared to start school.

\*We are calling this document the 'Starting Reception' definition. Some people/ organisations refer to this as 'school readiness'.

### How can I help my child get ready?

Your child will have lots of new activities and routines to get used to when they start school. There are some things they'll need to do more independently than they might have before.

Research shows that a child's relationship with their parents is the most important factor in their development, and there's a lot you can do at home.

When your child is at home with you or another caregiver, you can practise as a family with fun activities (we've included links at the end of this resource).

Some of these skills take time to master, so it's good to introduce them gradually in your daily routine.



# Starting Reception

Your child's journey to school starts at home.



#### What if my child has additional needs?

- If your child needs additional support to settle into Reception, make sure you share as much information as possible with their new teacher. They can work with you to find strategies to support your child.
- Summer born children, or those speaking English as an additional language (EAL) may need more support.
- If you know or suspect your child has special educational needs (SEND), developmental differences or delays, some of these skills may not be achievable for them at this point.
- Early intervention makes a big difference – ask your child's nursery, school, health visitor, local children's centre or Family Hub for help.

#### Who can I speak to for help?

All children will need help from their trusted adults so they can feel confident and excited about starting Reception.

- Your childminder/nursery/pre-school team or your health visitor, children's centre or family hub can help if you need more information.
- We've also put together a list of organisations and resources further down to help you and your child get ready together.



#### The definition: skills to practise before starting Reception:

New skills take time to learn. Practising at home will help your child move into school more easily and with confidence.

#### Growing independence

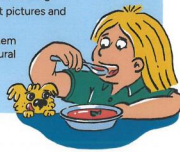


##### Taking care of themselves

- Putting on/taking off their coat and shoes
- Using the toilet and washing their hands
- Getting dressed with little help, e.g. after using the toilet or doing PE
- Using cutlery (e.g. fork and spoon, chopsticks) and drinking from an open cup
- Spending time away from you, learning they can be looked after by caring adults

##### Play, creativity and curiosity

- Taking part in imaginative play (e.g. role play)
- Drawing, painting, colouring and sticking
- Sharing story books, looking at pictures and talking about the characters
- Exploring the world around them (e.g. looking closely at the natural world, playing safely with objects at home)



### Physical development



#### Getting moving for at least three hours a day

- ✓ Walking up and down steps (one foot at a time, using the wall for support)
- ✓ Climbing, running, jumping and playing
- ✓ Catching a large ball (most of the time)
- ✓ Doing simple puzzles and craft activities, strengthening their grip with cutting and sticking



### Healthy routines



- ✓ Going to bed around the same time each night, waking up in time to get ready for school
- ✓ Limiting screen time to the recommended daily amounts (see advice)
- ✓ Eating a healthy diet and trying new foods
- ✓ Brushing their teeth with fluoride toothpaste twice a day (you'll need to supervise this until they are at least 7)



At school your child will be meeting lots of new people and make new friendships. Some things to help them get ready include:

### Building relationships and communicating



#### Being with others

- ✓ Practising sharing and taking turns with toys
- ✓ Talking to them about how they are feeling and why
- ✓ Looking at story books together and speaking about what characters are feeling is a good way to do this
- ✓ Beginning to recognise what others are feeling, e.g. understanding if a friend is sad
- ✓ Encouraging them to set boundaries for themselves and others (e.g. knowing how to say 'no')

#### Communication and language

- ✓ Singing along with songs and nursery rhymes
- ✓ Talking happily to others about activities, experiences and the world around them
- ✓ Showing they need help by speaking clearly (in basic English or sign language)
- ✓ Recognising the pattern of their name (so they can find it on their coat peg or jacket)

#### Listening and engaging

- ✓ Paying attention for short periods of time
- ✓ Listening to and following simple instructions
- ✓ Carrying on with a task even when it's difficult and bouncing back if things go wrong



### What should I do if I have concerns about my child's development?

- If you're worried about your child's progress, talk to your childminder/nursery/pre-school team, health visitor, local children's centre or Family Hub.
- If your child has developmental delays or SEND (suspected or confirmed), speak to their nursery, childminder, or health visitor/nursery/pre-school team well before they start Reception and discuss their needs when you are selecting schools.
- You can work with your child's early years setting to help your child with self-care, managing emotions, social skills, and communication in a way that suits their stage of development.
- You might want to share details about their development, needs, what motivates them, what might trigger difficulties, how they learn best, and what strategies work well.
- Make sure you share important information with everyone supporting your child, including their new Reception teacher.

#### Resources for families with additional needs

There are many organisations who can support with information and strategies to prepare you, your child and their educational setting, ensuring a smooth transition and setting them up for future success.

These include:

- Family Lives
- Speech and Language UK
- Dingley's Promise
- KIDS



**Find out more**  
For more information, visit  
<https://startingreception.co.uk>



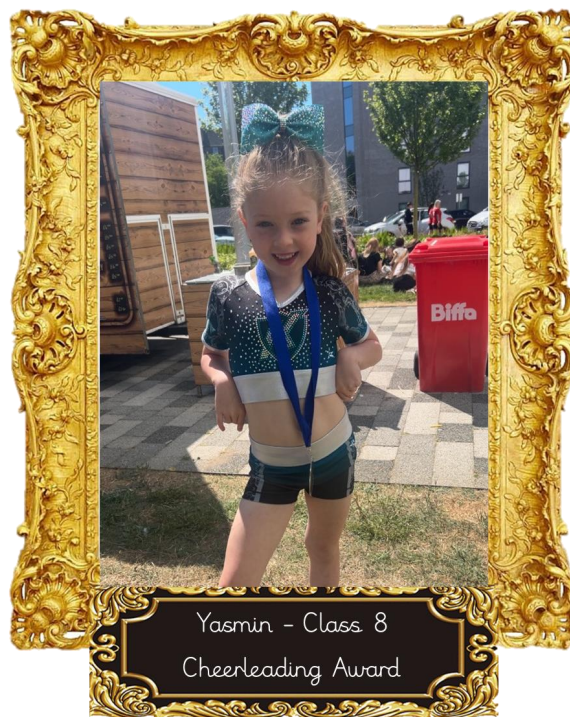
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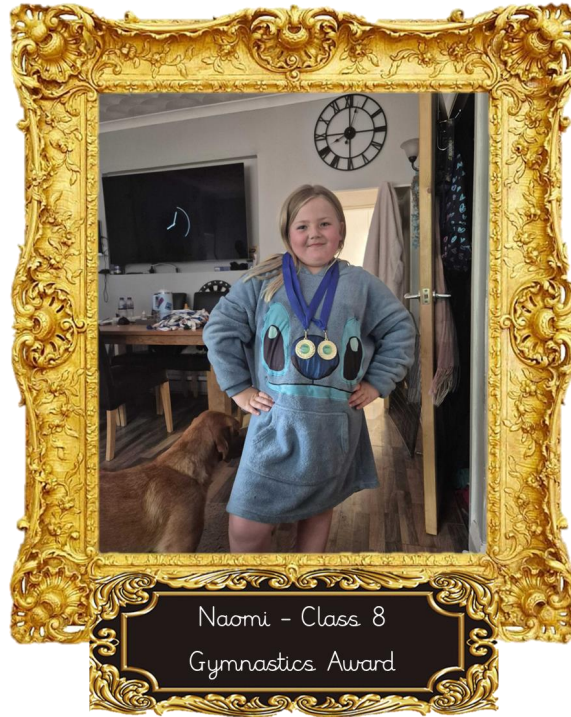


Notes:

## Talents & Achievements

Well done to all our children sharing with us their recent achievements, thank you!





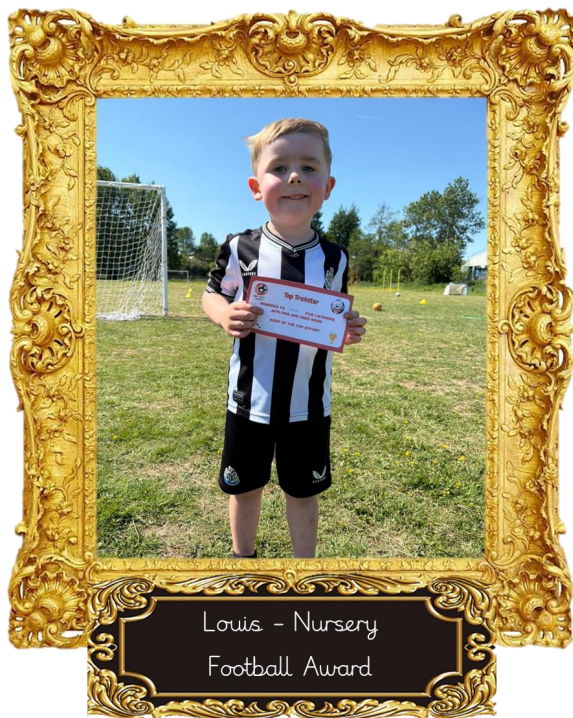
Naomi - Class 8  
Gymnastics Award



Oliver - Class 5  
Football Award



Meela - Class 6  
Squash Competition



Louis - Nursery  
Football Award



Hope - Class 7  
Razzmatazz Star of the Week



Felicity - Class 5  
Gymnastics Award

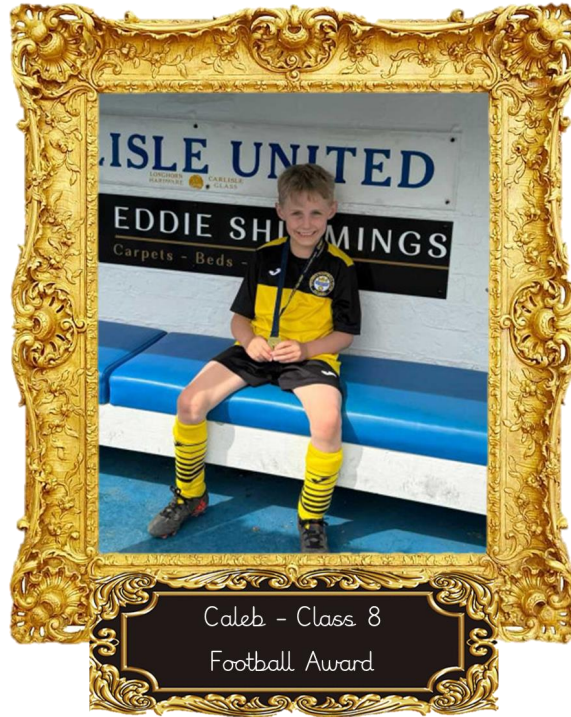


Bethany - Class 5  
Gymnastics Award



Emily - Class 2  
Gymnastic Award





Caleb - Class 8  
Football Award



Ella - Class 7  
Dancer of the Week

## Coffee & Chat



## School Attendance

In school this week attendance has been 92.3%.

## Stars of the Week!

**This half term our Learning power is 'Collaboration'**



Nursery Stars: Isobel M Lara C Scarlett S Seb M

Lunchtime Awards: Louis W Charlotte T Eric C Sophia B

Class 1 Star: Dylan

Lunchtime Award: Orla K

Class 2 Star: Zack

Lunchtime Award: Tilly G

Class 3 Star: Maya

Lunchtime Award: Shreyas S

Class 4 Star: Maia

Lunchtime Award: Sophia R

Class 5 Star: Myla

Lunchtime Award: Felicity A

Class 6 Star: Hannah

Lunchtime Award: James R

Class 7 Star: Mitchell

Lunchtime Award: Caleb S

Class 8 Star: Yasmin

Lunchtime Award: Naomi W

Class 9 Star: Zakai

Lunchtime Award: Maria M

## Menu for week commencing 2nd June 2025

	Choice 1	Choice 2	Pudding
Monday	<b>Butcher's Pork Meatballs or 'No Meat' balls</b> served with garlic bread and seasonal vegetables	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Strawberry Ice Cream Tub &amp; Fruit Salad</b> Or <b>fresh fruit or Yogurt</b>
Tuesday	<b>Beef or Cheeseburger or Veggie Burger</b> Served with sautéed potatoes & mixed salad	<b>Freshly Made Wrap</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Belgian Waffles &amp; Whipped Cream</b> Or <b>fresh fruit or yoghurt</b>
Wednesday	<b>Kingmoor Kitchen prepared Chicken &amp; Veg pie or Kingmoor Kitchen prepared Quorn &amp; Veg Pie</b> served with mashed potato, gravy & seasonal vegetables	<b>Freshly Made Roll</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Homemade Double Chocolate Chip Cookie</b> or <b>fresh fruit or yoghurt</b>
Thursday	<b>Homemade Pepperoni or Cheese Pizza</b> served with potato wedges, beans and salad stocks	<b>Freshly Made Sandwich</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Homemade Flapjack &amp; Raisins</b> or <b>Fresh Fruit or Yoghurt</b>
Friday	<b>'Fishy Friday' or Homemade Cheese &amp; Potato Pie</b> served with skinny fries, spaghetti hoops & vegetables	<b>Freshly Made Wrap</b> Filled with a choice of tuna, ham or cheese served with fresh salad	<b>Fruit Ice Pop</b> or <b>Fresh Fruit or yoghurt</b>

## Calendar Dates

Friday 23 <sup>rd</sup> May	Last day of Summer term 1	
Monday 2 <sup>nd</sup> June	First day of Summer term 2	
Tuesday 3 <sup>rd</sup> June	Class Photos taken	
Monday 9 <sup>th</sup> June	Nursery new parents (Sept 2025) meeting TEAMS	5pm
Monday 16 <sup>th</sup> June	Reception (Sept 2025) New Starters meeting	
Tuesday 17 <sup>th</sup> June	Reception (Sept 2025) Stay and Play session 1	3.45pm – 4.30pm
Thursday 19 <sup>th</sup> June	Reception (Sept 2025) Stay and Play session 2	3.45pm – 4.30pm
Tuesday 1 <sup>st</sup> July	Sports Day	
Tuesday 8 <sup>th</sup> July	Open reading session	Nursery – 2.45pm Yr 1 & 2 – 3pm
Monday 14 <sup>th</sup> July	KINGFEST	
Tuesday 15 <sup>th</sup> July	Class 7 leavers assembly	2.30pm
Wednesday 16 <sup>th</sup> July	Class 8 leavers assembly Class 9 leavers assembly	9.15am 2.30pm

## Information

**KESWICK MUSEUM**

**HALF TERM CRAFT WORKSHOP**

May 28th  
11am & 1:30pm  
£6 per crafter

Create, assemble and decorate your own airdried clay creation this May half term. Let your imagination go wild!

To book head to our What's On page

[www.keswickmuseum.org.uk](http://www.keswickmuseum.org.uk)



# Online Safety Newsletter May 2025

**Wonderlab+**

Are you looking for something fun to do online with your child? The Science Museum group have a wide array of activities, games and quizzes on their website:

<https://wonderlabplus.sciencemuseumgroup.org.uk/home>

**Minecraft**

Minecraft is rated as PEGI 7, meaning it is suitable for those over 7 years of age.

Minecraft is a game where players can create worlds using blocks. There are two different modes – creative and survival. In creative mode, users can build what they wish and have unlimited resources whereas in survival mode, players must gather resources, find food and defend themselves against mobs. Survival mode may include mild violence and scary characters.

You should be aware that there is a multiplayer option available where players can chat to each other. In-app purchases are also available to buy items such as skins, so ensure purchases are disabled or that a password or PIN is required to make them. Ensure appropriate parental controls are applied, on both Minecraft and the console itself. Find out more here:

<https://www.minecraft.net/en-gb/article/parental-controls>

**Further information**

<https://parentzone.org.uk/article/minecraft>

## Cyberbullying

**What is cyberbullying?**

Cyberbullying is a form of bullying that takes place online and can take many forms, such as sending malicious messages. Cyberbullying can happen at any time of the day, so often feels unrelenting. It can take place across many different platforms, such as on messaging apps like WhatsApp and Snapchat, on social media platforms such as Instagram and TikTok and via online games. Here are some examples of what cyberbullying can look like online:

- Sending nasty or hurtful messages
- Leaving unkind comments
- Sharing photographs of somebody else without their permission
- Excluding somebody on purpose
- Impersonating somebody with a fake account
- Telling/sharing lies
- Blackmailing

**What should I do if my child is being bullied online?**

If your child is being bullied, then try to stay calm and let them know that it is not their fault. It is always useful to keep evidence of any online bullying and inform their school so that they are aware. Show your child how to block and/or report any users/content and review their privacy settings to limit what others can see. You may also wish to review/set up any available parental controls.



**Further information**

There is a vast amount of information available online about cyberbullying. The following links provide further information on types of online bullying, and who you can contact if you need any further advice or support.

- <https://www.childnet.com/help-and-advice/online-bullying/>
- <https://ant-bullyingalliance.org.uk/tools-information/advice-and-support/advice-parents-and-carers/sources-information-advice-and-support/>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 02.05.25. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

## Roblox New parental controls

**What is Roblox?**

Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in-game/app purchases are available) and can be played across numerous devices.

**A lot of the content is user generated, which may mean not all games will be suitable for your child to view/play.** If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls.

**PEGI rate Roblox with a Parental Guidance label, this is because it is difficult to rate due to the huge level of user generated content.**

**New Parental Features**

Roblox have released three new parental controls for your child's Roblox account. These are:

1. **Friend blocking** - you can now block anyone on your child's friends list that you do not want them direct messaging.
2. **Experience blocking** - you can now block any specific experiences (games) that you do not want your child to access.
3. **Top game insights** - you can now see the 20 experiences (games) your child has spent the most time on in the last week.

You can find out more here:  
<https://corp.roblox.com/newsroom/2025/04/new-parental-controls-on-roblox>

**Further information**

You can find out more about Roblox here:  
<https://en.help.roblox.com/hc/en-us/articles/30428248050068-Parental-Controls-FAQ>

## How to best use location tracking apps within your family

Location tracking gives us the ability to see where somebody is via their smart device and is often one of the reasons children receive their first device.

Internet Matters have published an article discussing location tracking, including the benefits and risks and provide links to other supporting resources. You can read the article here:  
<https://www.internetmatters.org/hub/expert-opinion/how-to-use-location-tracking-apps-in-your-family/>

**JusTalk**

Users can use this app to video chat, call, and text. There are two versions – JusTalk and JusTalk Kids with both versions having the option to unlock further functions via a premium subscription. JusTalk is rated as 12+ and JusTalk Kids is rated as 4+ on the App store.

Even though the apps may be rated as age appropriate for your child, there are still risks in using either version.

The Ineqe Safeguarding Group provide an overview of JusTalk, including the risks you need to be aware of:  
<https://ineqe.com/2023/02/08/what-is-the-justalk-app/>

## Ask Silver Scam Checker

Ask Silver is a tool that anyone with a smartphone can use to protect themselves from scams. To use the service, you will first need to sign up and then you can simply upload a screenshot of anything that you are unsure of, and think could be a scam. Ask Silver will let you know whether they think it is safe or not. Find out more here:  
<https://www.getsafeonline.org/asksilver/>



## Keeping up with technology

It can be difficult to keep up with what our children are doing online as it can change so quickly. UK Safer Internet Centre have published an article with suggestions on what we can do:  
<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024/parents-and-carers/things-change-so-fast-online-its-hard-to-keep-up-with-what-my-child-is-doing>