



# Newsletter Friday 13th June 2025

## [Kingmoor Nursery and Infant School](#)

We are already well into the last half of our summer term for this school year. Remember to check out the dates at the end of this newsletter with more information about times for sports day, leavers assembly and more. We are also very excited about this year's KINGFEST which will be EVEN bigger than last year with more activities from fairground rides, Ice Cream Van, bouncy castle, silent disco, coconut shy, water activities, visits from emergency services vehicles and more.

The image attached shows which classes our Reception and Year 1 children will move to in September and where our teachers will be. We welcome Miss E Crook to our Kingmoor family and she will be teaching in Year 1 Class 4 covering Miss Adamson's maternity leave. We are also delighted to have Miss Storey (Senior Assistant Head) returning to class 8 as Mrs Reid following her maternity leave.

The teachers are excited to begin to spend the next few weeks getting to know your children and carrying out transition activities ready for September. There will be a 'Move up' morning on Monday 30th June when children will get to see their new classrooms and spend

time with their new teachers. Year 2 will spend time at Kingmoor Junior School and we are busy working with Kingmoor Junior School to set up classes. If your child attends our Nursery we will be taking them over to Reception, introducing them to the staff and letting them explore the building. As always we are here to support you and your families. If you need any help or support please get in touch with the school office. Keep a close eye on the weekly newsletter, Tapestry and Facebook for updates and reminders. We are keeping everything crossed for some dry weather!

Mrs N Corfield

Headteacher



## Sports Day



For Sports Day this year:

### **NURSERY SPORTS**

Nursery will have their sports day session on the morning of 1st July, this will be part of the children's daily session. More information to follow on Tapestry.

## RECEPTION SPORTS

Reception sports will be at 1.30pm - 2.15pm on Tuesday 1st July on the Junior Sports Field.

## YEAR 1 & YEAR 2 SPORTS

Year 1 & Year 2 sports will take place at 2.15 pm- 3.15pm on the Junior Sports Field on Tuesday 1st July.

Children will change into their PE kits (white t-shirt, black shorts/joggers and trainers) before their Sports Day session.

**All children in school will be accessing the playing field by coming through the EYFS playground and using the gate access at the end of the Reception building past Class 1. This will also be the only way for parents to come through school as the main playground will remain locked so junior school children can enjoy their playtime outside.**

**You can of course access the sports field from the cuts in Lowry Hill or by coming down the lane from Hether Drive which runs behind the Reception building without coming through the school premises.**

## KINGFEST!



This year our annual Festival Fun Day returns - KINGFEST!

There will be lots of exciting activities for the children to enjoy including, rides, bouncy castle, ice cream, hook-a-duck and coconut shy and much more.

We are asking for a contribution of £11 per child (£5.50 for nursery children) from parents for this fabulous day. Payment can be made from today on Eduspot. You will be sent a text password reminder on Monday.

Thank you for your support to school.

## Life Education

Today we had the Coram Life Education team in school to run Mental Wellbeing Workshops with Year 1 and 2. Year 1's workshop was all about "Taking Care of our Feelings" and the Year 2 workshop was about "Gratitude".

The children enjoyed meeting Harold the giraffe and learning more about how they can support their mental health .









## Transition for Year 2

Year 2 had a visit from Mrs Peel and Miss Sheldon from the juniors this week. The children loved hearing all about Year 3 and asked lots of questions about what it will be like moving onto the Junior School.



## Talents & Achievements

Well done to our children this week, thank you for sharing your talents and achievements!

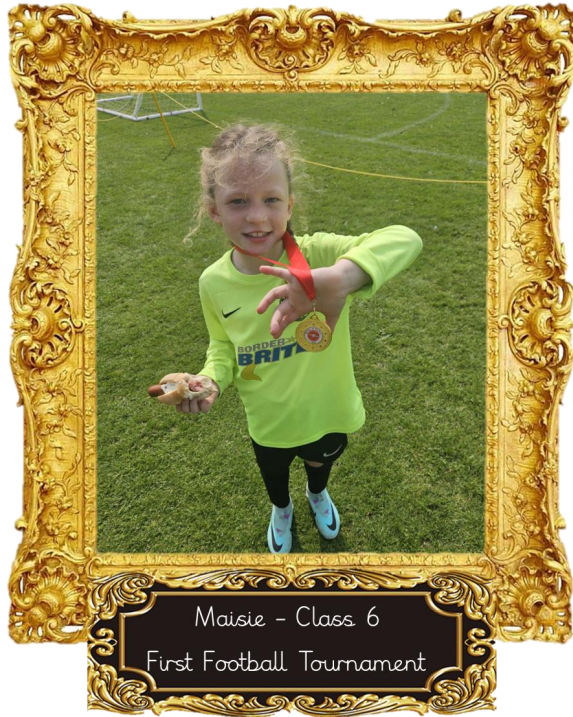




Mitchell - Class 7  
Football Award



Bethany - Class 5  
Dancing Competition



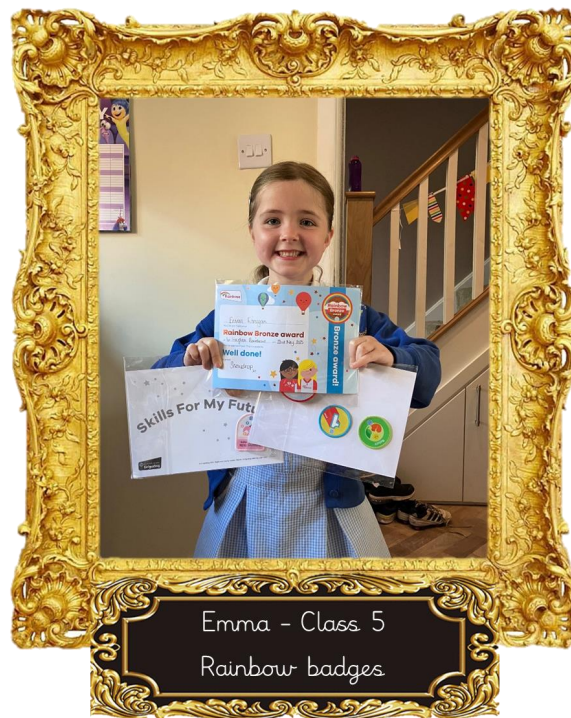
Maisie - Class 6  
First Football Tournament



Ruben - Nursery  
Swimming Award



Louis - Class 8  
Football Award



Emma - Class 5  
Rainbow badges

## School Attendance

In school this week attendance has been 94.5%.

## Stars of the Week!

**This half term our Learning power is 'Exploration'**



Nursery Stars: Olivia-Rose Zach Arthur Charlie

Lunchtime Awards: Ruben H Oliver W Hannah H Phoebe H

Class 1 Star: Jaxon

Lunchtime Award: Seb D

Class 2 Star: Aiden

Lunchtime Award: Lilia R

Class 3 Star: Louie

Lunchtime Award: Asia W

Class 4 Star: Joseph

Lunchtime Award: Jude W

Class 5 Star: Ezra

Lunchtime Award: Oliver S

Class 6 Star: Theo

Lunchtime Award: Theo D

Class 7 Star: Jack H

Lunchtime Award: Ellis T

Class 8 Star: Jacob

Lunchtime Award: Elena H

Class 9 Star: Lillian

Lunchtime Award: Oscar S

## Menu for week commencing 16th June 2025

1.	Choice 1	Choice 2	Pudding
Monday	Kingmoor Kitchen prepared Beef Pasta Bolognese or Rustic Tomato Pastas served with oven baked Garlic Bread, vegetables & Salad Sticks	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Chocolate Ice Cream Roll or fresh fruit or yoghurt
Tuesday	Oven Baked Pioneer Sausage (Pork) or 'No Pork' Sausage served with mashed potato, seasonal vegetables & gravy	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Banana Cake or fresh fruit or yoghurt
Wednesday	Turkey Burger or Quorn burger Served with potato puffs & mixed salad	Freshly Made Roll Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Iced Gingerbread or Fresh Fruit or yoghurt
Thursday	Sliced Roast Chicken or Quorn Fillet served with roast potatoes, Yorkshire pudding seasonal vegetables & gravy	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Marble Sponge & Custard or Fresh Fruit or yoghurt
Friday	'Fishy Friday' or Kingmoor Kitchen prepared Cheese & Egg Flan served with chips, beans & vegetables	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	American Pancakes & Berries or Fresh Fruit or yoghurt

## Calendar Dates

Monday 16 <sup>th</sup> June	Reception (Sept 2025) New Starters meeting	6.30pm
Tuesday 17 <sup>th</sup> June	Reception (Sept 2025) Stay and Play session 1 (new to school children as previously notified)	3.45pm – 4.30pm
Thursday 19 <sup>th</sup> June	Reception (Sept 2025) Stay and Play session 1 (new to school children as previously notified)	3.45pm – 4.30pm
Tuesday 1 <sup>st</sup> July	Sports Day	
Tuesday 8 <sup>th</sup> July	Open reading session	Nursery – 2.45pm Yr 1 & 2 – 3pm
Monday 14 <sup>th</sup> July	KINGFEST!	
Tuesday 15 <sup>th</sup> July	Class 7 leavers assembly	2.30pm
Wednesday 16 <sup>th</sup> July	Class 8 leavers assembly Class 9 leavers assembly	9.15am 2.30pm
Friday 18 <sup>th</sup> July	Last Day of Term	

## Information

**St John's & St Peter's**  
**HOLIDAY CLUB**

**FREE**

**SPACE EXPLORERS**

**ST JOHN'S & ST PETER'S HOLIDAY CLUB**

**GET READY FOR BLAST OFF!**  
**Tues 26<sup>th</sup> – Fri 29<sup>th</sup> Aug 2025**  
**FREE HOLIDAY CLUB FOR CHILDREN AGED 5-11 YEARS**

*Booking forms available from the school or St Peter's church office*



### Carlisle Music Centre

Carlisle Music Centre welcomes all young musicians to create and perform music as part of a group. Led by expert tutors from Cumberland Music Service and partly funded from Cumbria Music Hub, we will work with you to improve your group playing and music reading skills in a fun, friendly and supportive environment. You will perform regular concerts throughout the year with the opportunity to play alongside other bands. We are seeking to expand our groups of young people, so why not come along and join us?

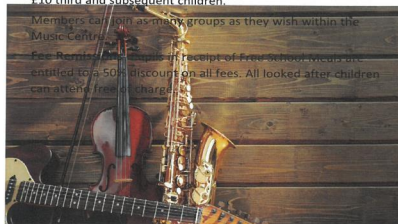
**Where:** Trinity School, Carlisle | **When:** Thursdays after school **Who:**  
Any young musician | **Apply:** [music-centre-application](#)  
[musicservice@cumberland.gov.uk](mailto:musicservice@cumberland.gov.uk) / Tel 01900 706086

## Carlisle Music Centre Groups

- **Junior Wind Band**  
4.45pm to 5.45pm for Brass, Woodwind & Percussion to Grade 2 (First Access pupils/beginners welcome).
- **Strings**  
4.45pm to 5.45pm for Violin, Viola, Cello, Double Bass & Harp Open to all levels (First Access pupils/beginners welcome).
- **Percussion**  
Temporarily unavailable
- **Guitars**  
6.15pm to 7.15pm for Electric Guitar & Bass Guitar Grade 3 plus.
- **Youth Concert Band**  
6.00pm to 8.00pm for the more experienced musician approximately Grade 3 and above.

## Termly Membership

- £19 first child.
- £12 second child.
- £10 third and subsequent children.



Kingmoor Nursery and Infant School



# Online Safety Newsletter June 2025

## Virtual Reality (VR)

VR is a 3D computer generated environment that users can explore wearing a VR Headset.

### Meta Quest Parental Controls

Meta Quest are one of the more popular VR Headsets. Users aged 13+ can use Meta Quest (children between 10 and 12 years old can use it through a parent managed account). Meta Quest state that VR Headsets are not recommended for use by younger or smaller sized children for a variety of reasons including eye strain. Optional supervision tools are available for those aged 13–17. Find out more here: <https://familycenter.meta.com/uk/our-products/horizon-and-quest/>

Meta Quest has a Safety Centre; it includes health and safety warnings and how to set privacy settings. <https://www.meta.com/gb/quest/safety-center/>

### Gorilla Tag

This is a popular game and whilst rated as PEGI 3 (even though young children should not be using VR), it is important to note that it does include in app purchases and players can interact so there is a risk of offensive/inappropriate language. <https://www.esrb.org/blog/a-parents-guide-to-gorilla-tag/>

### What can I do?

Check what games your child is accessing and make sure they are appropriate.  
Play together.  
Set time limits and ensure plenty of breaks.

### Further information:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/virtual-reality-headsets/>

## Online Privacy

It is important to develop an understanding of how you can protect your child's privacy online. Any personal information shared online creates a digital footprint and it is vital that we control who sees what.

### What are Privacy settings?

Privacy settings are tools available on most social media apps, websites, and games. They allow users to control who can view what they share online.

### What can we do to support our children with their online privacy?

**Talk to your child regularly:** Talk to your child about what is personal information and to think about what they share online. Personal information includes their name, address, current location and the school they attend. This also includes information within photos or videos that they may share, for example does it show their current location?

**Apply appropriate privacy settings:** For any app, game or device that your child uses, check the privacy settings and apply them as appropriate.

For example:

- Check if their location is being shared.
- Check who can tag them in posts (as what others tag them in can also affect their digital footprint).
- Check who can share their content.

Check these settings regularly as new options may become available or sometimes updates can change previous settings.

**Children learn from us:** Think about what you are sharing online – do you share photos of your child in their school uniform or their current location?

**Set strong/complex passwords:** Teach your child to create strong/complex passwords and to never share them with others.

**Search their name** – search their name in a search engine to see what information can be seen about your child. Remind your child that they can delete any information that they no longer want others to see.

### Further information

- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/taking-care-your-digital-footprint/>
- <https://www.unicef.org/parenting/child-care/online-privacy>
- [https://www.ceoperducation.co.uk/11\\_18/lets-talk-about/online-safety/privacy-settings/](https://www.ceoperducation.co.uk/11_18/lets-talk-about/online-safety/privacy-settings/)

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# Instagram

**You must be over 13 years of age to set up an account.** Instagram is used to post photos and videos as well as send direct messages, make voice/video calls, and send disappearing messages. Users can also upload to 'Stories' (which disappear after 24 hours), broadcast live and upload reels (short videos).

## Teen accounts

Teen accounts are automatically set up for users aged 13 – 17. Teens under the age of 16 will need your permission to update their safety settings. With a Teen Account, additional safety settings are applied, for example, who your child can contact is limited and the content they access will be set to the most restrictive setting to reduce exposure to sensitive content. Find out more here: <https://help.instagram.com/99596839195964>

## Supervision settings

Instagram also offers a supervision facility, which is a set of tools that you can use to help support your child. It is important to note that both you and your child must agree to these settings, and they can be removed at any time by either person. Once set up you can:

- Set a time limit.
- See which accounts your child is following and who is following them.
- View who your child has messaged in the past week (you will not be able to see the contents of these messages)
- The option to block your child from accessing Instagram at certain times e.g. during school or at night.

## Find out more here:

[https://help.instagram.com/658522825492278/?helpref=related\\_articles](https://help.instagram.com/658522825492278/?helpref=related_articles)

## How to Reset Your Instagram Recommendations

You can reset recommendations, which will clear recommended content across Explore, Reels and Feed. You can find out more here: <https://about.fb.com/news/2024/11/introducing-recommendations-reset-instagram/>

## What are the risks of using Instagram?

- Cyberbullying.
- Risk of contact from strangers.
- Viewing inappropriate content.
- Echo chambers - algorithms can create an echo chamber. Once we show an interest in a subject, the app/ site will promote that content, which may mean we are overly exposed to it.

## Safety Features

If your child is using Instagram, then ensure they know how to report posts and people, how to unfollow/block people as well as delete and turn off comments. Find out how: <https://help.instagram.com/269765046710559>

## More information

Visit the family centre to learn more about the features available: <https://familycenter.mta.com/uk/>

## Talking to your child about online mistakes

The online world is difficult to navigate, and mistakes will happen. When they do, it is important that as a parent you are ready.

### Stay Calm

If your child tells you about something that they have done wrong online, then try to stay calm and listen.

### Be Honest

You may not know how to solve the issue but tell them you will help them work it out.

### Solve It Together

Try and resolve the problem together to help your child learn and understand what went wrong. This will also develop their digital literacy skills.

You should also take the opportunity to review/set up any available parental controls.

### Help and Support

If you feel like you need support from an external organisation, then Parent Zone have listed some of the different organisations available: <https://parentzone.org.uk/article/help-and-support>

### Further information:

<https://www.brightspire.io/what-to-do-when-your-child-sends-inappropriate-things/>

## Texting dictionary from Internet Matters

Internet Matters have created a list of text language terms to help you understand some of the text slang that your child might be using. Find out more here: <https://www.internetmatters.org/resources/text-dictionary/>