



Newsletter Friday 19th September 2025

Kingmoor Nursery and Infant School

INVACUATION (Invac)



On Tuesday morning, Kingmoor Nursery and Infant School and Kingmoor Junior School had a planned Invacuation during break time. This is a procedure that schools carry out inline with safeguarding procedures, and we have been doing so for many years now. An Invac is where the children are outside and a signal sounds to tell them to come inside.

Across both schools, air horns sound indicating this procedure. Alternatively, when there is a fire drill, a bell rings and the children go outside.

All children and staff moved efficiently and calmly back into the building. Well done everyone.

Open Reading



Thank you to all of the parents/carers who responded to our open reading sessions parental feedback forms. We are always eager to find out your views and to see how we can develop as a school. You told us...

- how helpful you found our live phonics sessions and how much you enjoyed sharing a book with your child/ren.
- You would prefer having more sessions which supported with fluency and comprehension so that you can support your child/ren with this at home.
- You would like the reading sessions at different times in order to spend quality time with each child in their classroom.

We have listened to everything that you have fed back to us and following on from this we have made a slight change to how we will hold our open reading sessions this year.

Each year group will hold 2 reading sessions throughout the year. One session in November and one session in March. These will both be live sessions where parents/carers will be invited into their child's classroom for a live phonics session, followed by time to share a book with your child/ren as well as the opportunity to talk to staff in school regarding any queries.

Please see the calendar on the Newsletter to find out when these sessions will be held. We look forward to seeing you in school.

Mrs Reid (Senior Assistant Head)

Flu Vaccinations

Parents of Reception children will have received the attached letter by email this week requesting you to give your consent for your child to receive the flu vaccination in school on Wednesday 26th November 2026. Parents of Year 1 & Year 2 will have received this by email on 11th July.

Private and Confidential

School-Aged Immunisation Service
Immunisation Team
2nd Floor
Capital Building
Hilltop Heights
London Road
Carlisle
Cumbria
CA1 2NS

Dear Parent/Carer

Your child's annual flu vaccination is now due.

This vaccination programme is in place to help protect your child against flu. The vaccine will help prevent them catching the flu. Vaccinating your child will also help protect vulnerable friends and family by reducing the spread of flu.

The intra-nasal flu vaccine is the most effective protection for your child against flu.

The online consent can be accessed via any online device. Please click on the following link or QR Code which will direct you to an online consent form for you to complete using the following school code

[Flu Vaccination Consent Form](#)



SCHOOL CODE: CM112230

This link will close 1 week prior to the session.

Session Date: Wednesday 26.11.25

If you decide you do not want your child to receive the flu vaccination, please complete a no consent form. (Still use the above link)

If in the past you have refused the intra-nasal flu vaccine due to porcine gelatine content, please follow the guidance on the flu consent form. The intramuscular (IM) flu vaccination can be given in school from year 7 upwards; younger years will be invited to receive it in one of our clinic venues.

Contact the school aged immunisation team if you wish to arrange a clinic appointment.

Your child's school will be able to see if you have returned a consent form or not, they will not be able to access any personal information regarding you or your child.

If you have any queries regarding the online consent form or the Flu vaccine please contact the. North Cumbria Integrated Care School Aged Immunisation Service.

Yours sincerely,

North Cumbria Integrated Care School Aged Immunisation Service.

If your child becomes wheezy or has their asthma medication increased after you have completed the on-line form, please inform the immunisation service. For further information see [Protect your child against flu – information for parents and carers of children in primary school or pre-school](#)



Nursery Termly Overview Autumn 1 2025

Nursery – Autumn Term – What are we learning this half term?		
Our learning power this half term is: Reflecting		
Personal, Social and Emotional Development This half term we will: <ul style="list-style-type: none"> Develop confidence to manage transitions smoothly for example for children to separate from their main carer to their key person. Develop our awareness of class routines, rules and boundaries. We will learn our class silent signals. We will begin to/continue to establish/develop relationships with adults and other pupils within Nursery. We will develop our confidence in the Nursery environment, showing an increase in independence. We will begin to talk about and understand different feelings e.g. Happy, sad, worried etc. 	Literacy - This half term we will: <ul style="list-style-type: none"> Develop our knowledge of Nursery Rhymes, developing our confidence when joining in or continuing familiar Nursery Rhymes. Enjoy stories that are read by adults. Gaining confidence to talk about the pictures in the story. Learn to discriminate between different sounds (Environmental and Instrumental) Access mark making tools independently. Begin to make marks on paper. 	Understanding of the World This half term we will: <ul style="list-style-type: none"> Learning to recognise and name different body parts. Learn to name and describe people who are familiar to us. Explore and talk about what makes us unique. Learn to make connections between the features of our own families and others. Explore the natural world around us at school.
Physical Development This half term we will: <ul style="list-style-type: none"> learn to independently put on and take off our coat with some support with zips and buttons. learn to take care of our toileting needs and wash our hands after. Develop our core muscle strength to develop a good posture when sitting at a table or on the floor. Continue to develop our gross and fine motor skills. 	Maths This half term we will <ul style="list-style-type: none"> Taking part in rhyme sessions and learn new mathematical language. Learn to recognise colours in a variety of contexts. Explore and match objects which are the same Learn that collections can be sorted into sets based on attributes such as colour, size or shape. Learn to make comparisons using vocabulary such as more, the same or fewer than. 	Expressive Art and Design This half term we will: <ul style="list-style-type: none"> Know and join in with dancing and ring games. Responding to sounds with body movements. Know and join in with simple songs. Engage in imaginative role play based on our first-hand experiences. Develop early portrait skills Explore a range of media, making marks of our choice eg. Chalks, crayons, paints.
Communication and Language This half term we will be <ul style="list-style-type: none"> Developing listening skills to support our learning. Listening and responding to simple instructions. Using talk to communicate our needs, likes and dislikes. We will be using talk frequently in our play. Developing our vocabulary which will be reflective of our new experiences. 		

Reception Curriculum Overview Autumn 1 2025

Reception – Autumn 1 – What are we learning this half term?		
Our learning power this half term is Reflecting		
Personal, Social and Emotional Development This half term we will be <ul style="list-style-type: none"> Learning to recognise and name basic emotions. Learning about working together and being part of a new class. Understanding that we are all similar and different. Learning how to recognise our own feelings. Building relationships with new people in our class 	Literacy - This half term we will be <ul style="list-style-type: none"> Beginning to learn phonics through Read Write Inc sessions. This will be as a whole class initially but we will move into groups across the three classes as children progress. listening and responding to a story drawing story maps and sequencing stories using actions to 'step out' a story telling stories independently listening and singing nursery rhymes and creating our own versions 	Understanding of the World This half term we will be <ul style="list-style-type: none"> Identifying similarities and differences between ourselves and others, choosing and talking about objects that are important to us naming different people in our family and talking about how they are important to us. learning how life has changed over time for members of my family identifying our favourite places in our community and starting to understand that we are part of the same community
Physical Development This half term we will be <ul style="list-style-type: none"> Using a range of mark making tools to draw, paint and mark make. Developing our pencil grip when forming letters. Having our first PE lessons and exploring space. Learning to move in different ways Developing our fine motor skills through Funky Finger activities. 	Maths This half term we will be <ul style="list-style-type: none"> Learning Maths through stories Matching and comparing objects by pattern, shape, colour and size Sorting objects in different ways Following and comparing patterns Making patterns of our own Learning numbers and what you can do with them within 5 	Expressive Art and Design This half term we will be <ul style="list-style-type: none"> Creating collage artwork using a variety of materials. Using loose parts to create art. Learning about self portraits and looking at portraits of others, Listening to and appraising songs including 'Happy' by Pharell Williams and 'Our house' by Madness Finding the pulse and moving to music Learning to sing 'Pat-a-cake' and to be able to perform this.
Communication and Language This half term we will be <ul style="list-style-type: none"> listening to and following instructions. Learning to take it in turns to speak to a talk partner answering questions e.g based on a familiar story using sentences to describe what we know e.g a familiar story/ my family sharing our own ideas through comments and by asking questions. using and understanding our new vocabulary. 		

Year 1 Curriculum Overview Autumn 1 2025

Year 1 – Autumn 1 – What are we learning this half term?		
<p>PSHE – Being me in my World This half term we will be learning about the rights and responsibilities of being part of our class and recognising our views are valued.</p>	<p>English - This half term we will be learning all about sentence structures We will be learning about..... Starting our sentence with a capital letter. Finishing our sentence with a full stop. Re-reading our work to check it makes sense. Practicing our letter formations. Writing our letters on the line. Writing about a chosen subject.</p>	<p>Religious Education This half term we will be learning about Christianity and how God created things and how he would want us to look after the world.</p>
<p>Science – Seasonal Changes and Weather This half term we will be... Learning about what the four different seasons are. What weather is linked to each season and learning about how the weather seasons. The children will be considering what they wear in each season. Then the children will be learning about day and night.</p>	<p>Our learning power this half term is Reflecting</p>	<p>History – Changes within living memory. This half term we will be... Learning about the stages in our lives and how we have changed from when we were born. Looking at our local area and what shops we have now. Learning about what shops were like in the past, how they have changed over time. then comparing similarities and differences.</p>
<p>Physical Education This half term we will be... Developing our fundamental movements with our sports coach John every Monday Our other P.E lesson will be dance, learning how to count a beat and move to the music. Outdoor Learning – Woods (once per week) Using our senses and creating portraits.</p>		<p>Maths This half term we will be... Counting forwards and backwards. Identifying the place value of numbers up to 10. Partitioning numbers up to 10. Learning number bonds to 10. Adding and subtracting numbers within 10. Learning how to subitise numbers and quick recall of numbers up to 10.</p>
<p>Music This half term we will be singing. We will be joining in with nursery rhymes, coordinating actions with singing and singing as a group.</p>		<p>Computing This half term we will be learning how to use the laptops, log in and our correctly and how to save our work.</p>

Year 2 Curriculum Overview Autumn 1 2025

Year 2 – Autumn 1 – What are we learning this half term?		
<p>PSHE This half term we will be discussing our hopes and fears for the year and learning what we can do to be a responsible member of our class.</p>	<p>English This half term we will be writing character descriptions and a simple retelling of a narrative. We will be learning how to use noun phrases for description and how to use adverbs to describe an action. We will learn how to write in the third person. and how to retell a story in the correct order using story language.</p>	<p>Religious Education This half term we will be learning about Christianity and how Jesus teaches Christians to be kind.</p>
<p>Science – Living Things This half term we will be exploring and comparing the differences between things that are living, dead and things that have never been alive. We will be identifying different habitats and how they are suited to the needs of different animals and plants and identifying and naming a variety of plants and animals in their habitats.</p>	<p>Our learning power this half term is Reflecting</p>	<p>Geography-Human and Physical History-The Great Fire of London This half term we will be learning what human and physical features are and what features we have in our local environment. We will also be learning about where London is and when the Great Fire of London happened. We will also find out how the Great Fire of London started and why it spread so quickly.</p>
<p>Physical Education This half term we will be learning how to copy, remember and repeat actions through dance. We will be exploring pathways and levels and will be using counts of eight to stay in time with the music. We will also be working with a sports coach during one of our sessions.</p>		<p>Maths This half term we will be identifying the place value of numbers up to 100. Partitioning numbers in different ways. Learning number bonds to 10, 20 and 100. Adding and subtracting numbers within 100.</p>
<p>Music- Experimenting with Sounds This half term we will learn the names of a range of untuned percussion. We will identify instruments according to the sounds that they make. We will also be learning that Samba music is made by layering ostinato.</p>		<p>Computing- Taking Photographs This half term we will be learning how to keep ourselves safe when taking photographs. We will learn how to take photos in both landscape and portrait formats and learn how to apply a range of photography skills to take a photo.</p>

SPACE Course



Parents do you need support?

Would you like to know what ACEs are and learn how our body and brain is impacted by ACEs?

How to manage toxic stress **Have some time just for you** **Understanding attachment**

Create a kinder, more nurturing relationship with yourself - and a stronger bond with your child

This is a **FREE 5 week SPACE** course for parents/carers beginning **Friday 7th November** and runs 9-11am in school with Mrs Lamb (School SENCo) and Donna Lund (Course Leader)

Please come along for a cuppa and a chat to find out more at one of our 2 taster sessions:

Wednesday 15th October 6-7pm on Teams
Friday 17th October 9-10am in school

To book a place, please contact the school office on admin@kingmoor-inf.cumbria.sch.uk / 01228-558892

Open Evening



September 2026

Are you looking for a Reception place?

OPEN EVENING
Thursday 6th
November
6pm

Reception 2025 applications

Nursery parents you will have received an email this week with information regarding applying for a Reception place for your child for September 2026. Please note applications must be made to School Admissions by the closing date of 15th January 2026.



Parents/carers are responsible for applying for a school place by **15 January 2026**

Starting School
Children born between
1 September 2021
and **31 August 2022**
can start school in **September 2026**

You can apply online at: www.cumberland.gov.uk
or contact: 01228 221582
or email school.admissions@cumberland.gov.uk

cumberland.gov.uk

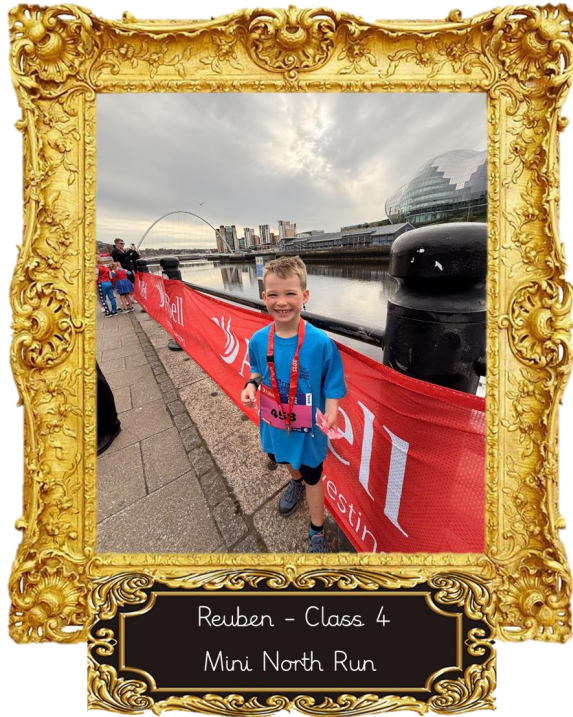
Talents & Achievements

At Kingmoor Nursery and Infant school we regularly celebrate children's achievements and successes in school through star of the week, doodle progress, lunchtime awards, alongside stickers and acorns awarded throughout the week in class.

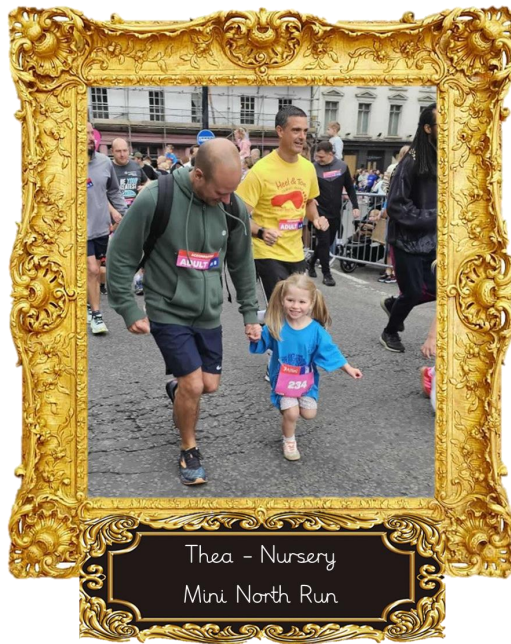
We also value children's successes outside of school and would love to share these with our school community. We acknowledge children's awards/medals/achievements in our weekly Friday Celebration Assembly, on our 'Talents and Achievements' board at school and our weekly newsletter.

If your child would like to share their award/medal/certificate in celebration assembly please send your child to school with it on Friday's.

If you would like to share your child's awards/achievements/successes (and they have photo consent) please upload a photo of your child and their award, certificate, medals etc on Tapestry with the title 'My award', or you can a photo of just the award if you prefer. (Please note some these photos may be shared on the newsletter.)



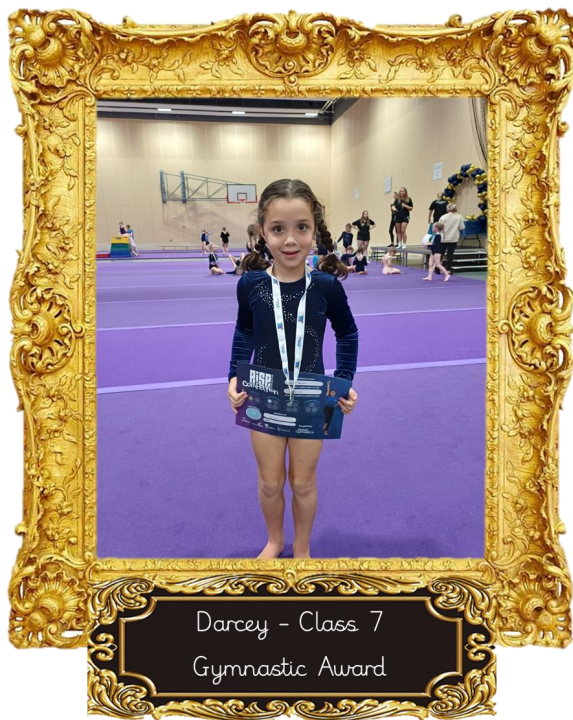
Reuben - Class 4
Mini North Run



Thea - Nursery
Mini North Run



Alethea - Class 9
Library Award



Darcey - Class 7
Gymnastic Award

Parent drop-in sessions with Mrs Lamb



**Parent Drop in Sessions
with our
SENCO Mrs Lamb**

If you would like to speak to our SENCO, Mrs Lamb, she will be holding regular drop in sessions in our Retreat (log Cabin). Just call in!

8:45-9:45am

- Thursday 18th Sep
- Friday 26th Sep
- Monday 29th Sep
- Tuesday 7th Oct
- Friday 17th Oct
- Monday 20th Oct

Kingmoor Toddlers!



**KINGMOOR BABY AND
TODDLER GROUP**

Kingmoor Nursery
and Infant School

Thursdays 1:45pm to 3pm

Sessions every week (closed during school holidays)

Craft, snack, songs, rhyme and play.

Children from 0 - to school age welcome.
Come along to our friendly and welcoming group.

Tea, coffee and cake.
£1 donation per family!

Stars of the Week!

This half term our Learning power is 'Reflecting'



Nursery Stars: Aiyan A Lily S Evie-Mae F Aaron S

Lunchtime Awards: Isla C Lily S Mason G Joshua W

Class 1 Star: Arthur

Lunchtime Award: Oscar P

Class 2 Star: Macy

Lunchtime Award: Hallie F

Class 3 Star: Harry

Lunchtime Award: Erin C

Class 4 Star: Tilly

Lunchtime Award: Mikayla McM

Class 5 Star: Maya

Lunchtime Award: Esmail H-W

Class 6 Star: Bodie

Lunchtime Award: Ivy H

Class 7 Star: Harriet

Lunchtime Award: Sophia R

Class 8 Star: Lily

Lunchtime Award: Dexter L

Class 9 Star: April

Lunchtime Award: Zara D

School Attendance

Attendance has been good in school this week and was 95.6%.

Calendar Dates

Tuesday 30 th September	Curriculum Presentations will be uploaded to tapestry for parents to view	
Sunday 5 th October	SPARK event in school More information to follow	
Monday 6 th October	Harvest Songs recorded will be uploaded to tapestry	
Friday 10 th October	Hello Yellow - Children's Mental Health day wear yellow	
Tuesday 14 th October	Children's Individual Photographs in school	
Wednesday 22 nd October	Parents evenings	
Thursday 23 rd October	Parents evenings	
Friday 24 th October	Last Day of Term	
Monday 3 rd November	First Day of Term	
Wednesday 5 th November	Year 1 live phonics session	
Thursday 13 th November	Year 2 live phonics session	
Monday 24 th November	Reception live phonics session	
Wednesday 26 th November	Nasal Flu Vaccinations in school for Reception, Year 1 & Year 2 children	
Monday 2 nd March	Year 2 live comprehension session	
Tuesday 10 th March	Year 1 live phonics session	
Thursday 19 th March	Reception live phonics session	

Menu for week commencing 22nd September 2025

	Choice 1	Choice 2	Pudding
Monday	Creamy Cheesy Pasta or Tomato Pasta served with cheesy or tomato & basil sauce, garlic bread and seasonal vegetables	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Vanilla Ice Cream & Fruit Salad or Fresh Fruit or Yoghurt
Tuesday	Kingmoor Kitchen prepared chicken korma or Quorn korma served with naan bread and mixed salad	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Chocolate Brownie or Fresh Fruit or Yoghurt
Wednesday	Pork Sausage or 'Meat Free' Sausage Baguette served with hash brown and baked beans	Freshly Made Roll Filled with a choice of tuna, ham or cheese served with fresh salad	Golden Cookie Or Fresh Fruit or Yoghurt
Thursday	Crispy Chicken or Crispy Quorn Fillet served with seasoned potatoes and salad sticks	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Sticky Toffee Pudding, Toffee Sauce & Cream or Fresh Fruit or Yoghurt
Friday	'Fishy Friday' or Cheese Whirls served with skinny fries, spaghetti hoops and vegetables	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Mousse (choc/toffee/strawberry) or Fresh Fruit or Yoghurt

POSITIVE BEHAVIOUR SUPPORT WORKSHOPS

Are you ever worried about your child's behaviour and aren't sure how best to help?
Do you want to better understand their needs and support them through those tricky times?
These workshops help parents think about strategies and to come up with a plan that focuses on a good life for your child and your family.

NORTH CUMBRIA
Tuesday 16th, 23rd and 30th of September
10am - 2pm
Tullie House, Castle Street, Carlisle, CA3 8TP

Booking is essential. Please note you need to attend all 3 days of the course.

I wish it was available to all parents.
I loved hearing other people's stories about their own families!
I felt valued and supported.



If someone in your family is **under 18**, and is **autistic**, has a **learning disability** or is **waiting for a diagnosis** of autism or a learning disability, please come along.

To **book your place**, get in touch with **Skills for People** and ask for the **PBS team**.
Tel: 0191 281 8737 or e-mail: information@skillsforpeople.org.uk





WE CAN SUPPORT YOUR FAMILY

We support Individuals and families in Cumbria living with Cerebral Palsy. Established in 1952 we have supported families from diagnosis in infancy through to adulthood and later life. One of our family advisors can be involved with you for as long as you would like, from a one off occasion to monthly catch ups and support.

SOME OF OUR SERVICES INCLUDE

- Funding for specialist equipment
- Applications and Form Filling Support
- Support Attending Appointments
- Emotional Support
- Help understanding your diagnosis
- Signposting

CONTACT US

JUDE.ARMITAGE@CUMBRIACEREBRALPALSY.NET
07715 079 429
REGISTERED CHARITY 1110076



Kingmoor Nursery and Infant School



Knowsley City Learning Centres

Online Safety Newsletter Sept 2025

Coverstar

Coverstar say they are "the safe TikTok alternative." They state, "there is no specific age limitation... however, if you are under the age of 13, you must obtain parental consent." Users can post, comment and livestream.

Whilst Coverstar does not include private messaging, users can still interact via public comments. Coverstar does use moderation tools to scan all user-generated content. It is also important to be aware that Coverstar does allow in-app purchases ranging from £0.99 - £59.99.

If your child is using this app, ensure they know how to use the reporting tools. Bark provide a full review of Coverstar here, but they rate it as suitable for 10+
<https://www.bark.us/app-reviews/apps/coverstar-app-review>

Test your knowledge: Online Scams

Childnet have created a quiz for 9-13 year-olds that includes a range of potential online scams, as well as tips to help your child protect themselves online. Find out more here:
<https://www.childnet.com/blog/test-your-knowledge-about-online-scams-with-our-quiz-for-9-13-year-olds/>

Online Safety Act

What is the Online Safety Act?

The Online Safety Act 2023 is a set of laws introduced to protect children and adults online. Ofcom is the regulator for online safety in the UK, responsible for ensuring companies follow the new rules. As part of this role, Ofcom have designed the Children Codes of practice, which came into force in July 2025. The codes outline what all online services likely to be accessed by children must do to protect children online, for example:



- Enforce age limits.
- Protect children from accessing harmful or age-inappropriate content. This includes content relating to self-harm and eating disorders.
- Ensure users can easily report harmful content.

Ofcom has the power to enforce the rules as well as issue fines if companies fail to comply. You can find out more here:
<https://www.ofcom.org.uk/online-safety/protecting-children/new-rules-for-a-safer-generation-of-children-online>

How will it help to protect my child?

One of the main purposes of the Act is to protect children online. Ofcom has published information on how they are helping children to be safer online. The first link is a guide for parents, which also includes a section on what you can do as a parent. You can access this information here:

- <https://www.ofcom.org.uk/online-safety/protecting-children/how-ofcom-is-helping-children-to-be-safer-online-a-guide-for-parents>
- <https://www.ofcom.org.uk/online-safety/protecting-children/how-the-online-safety-act-will-help-to-protect-children>

Further information
Online Safety Act: explainer:
<https://www.gov.uk/government/publications/online-safety-act-explainer/online-safety-act-explainer>

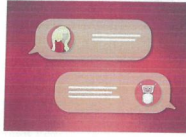
Would you like to read this newsletter in a different language? You can use the translate tool on our web version:
<https://www.knowsleycitycs.org.uk/sept-2025/>

Artificial Intelligence (AI)

What is AI?

AI is when a computer/machine can learn and perform tasks like a human. Its popularity continues to grow, and examples include:

- Search engines such as Google now include an AI-generated overview as part of their results.
- Virtual assistants like Alexa, Meta AI and Siri.
- Chatbots such as ChatGPT and My AI from Snapchat.



Opportunities

AI can be an effective tool when used correctly, for instance:

- Homework – children can use AI to support and assist their learning.
- Advice – AI can be used to provide information and suggestions on a variety of topics.

Risks and concerns

- Misinformation – ensure your child understands that AI can sometimes provide incorrect or misleading information.
- Privacy issues – read any privacy policies before using.
- Chat apps – a simple search of "AI Chat" within the App store highlights the number of apps already available that are not suitable for children as many are rated as 17+.
- Image manipulation – there are AI tools that can be used to digitally remove clothes from photos, which clearly raises serious safeguarding and privacy concerns.
- Deepfakes – there are also AI tools that create realistic, fake videos that can be used to spread misinformation or cause harm.

How can I protect my child?

To help keep your child safe online, it is important to:

- Check age ratings of any apps or websites that your child accesses.
- Develop your child's digital literacy by highlighting the risks of AI and showing them how important it is to verify what they see online.
- Set up appropriate parental controls on their devices/ broadband.
- Chat to your child regularly and ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information

- Overview: <https://www.internetmatters.org/advice/by-activity/using-artificial-intelligence/what-is-ai-artificial-intelligence/>
- Should you worry if your child has an AI friend? <https://parentzone.org.uk/article/should-you-worry-if-your-child-has-ai-friend>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 01.09.25. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

Roblox: Grow a Garden

Roblox is a platform consisting of a collection of games. Grow a Garden is one of the latest games available on Roblox and is extremely popular. The game is labelled as 'minimal' for content maturity, which Roblox define as "may contain occasional mild violence, light unrealistic blood, and/or occasional mild fear." Roblox believe that the game play is suitable for everyone. However, as the game is on Roblox, it is important to be aware of the following:

- Chat – strangers can interact with your child.
- In-game purchases – this game does include in-game purchases.
- Screenshotting – set limits for how long your child is playing.

A lot of the content on Roblox is user generated, which may mean not all games will be suitable for your child to view/play. If your child is playing Roblox, it is important to monitor what your child is accessing, ensure they know how to use any reporting tools and set up appropriate parental controls.

Further information

<https://en.help.roblox.com/en/en-us/articles/30428310121670-Parental-Controls-Overview>

Grooming online

Grooming is when somebody seeks to build a relationship with a child to exploit them or cause harm.

It is important that we teach our children how to recognise red flags. Childline have lots of useful information on their website, including where to go for further support from:

<https://www.childline.org.uk/info/advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>