



Newsletter Friday 3rd October 2025

Kingmoor Nursery and Infant School

SPARK Event - Sunday 5th October 2pm - 4pm



Come and join us on Sunday 5th October 2pm-4pm for a fantastic family open day!

Our school is working alongside Spark to host a free event for families to enjoy and get creative with a wide range of activities.

We would love to see you all there!

Wear Yellow/Non-Uniform - Friday 10th October

YOUNGMINDS

We are asking children and staff to come dressed in non-uniform wearing something yellow on Friday 10th October to support World Mental Health Day .

£1 donations if possible please as we are raising money for Young Minds Charity. Thank you for your support to school.

Snack in School



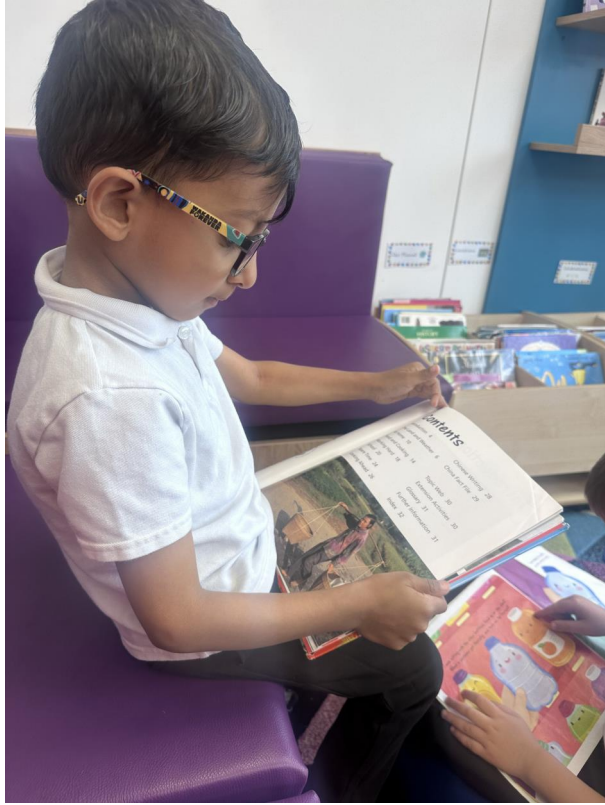
All children are provided with a snack in school daily which is fruit or vegetable. If they chose to bring a snack from home please ensure it is fruit or vegetable only, thank you.

In Year 1 this week.....

Class 5 have enjoyed sharing books with their friends in the library.













Pedestrian Crossing Installation



Highways & Transport
Place, Sustainable Growth and Transport
Parkhouse Building
Kingmoor Business Park
Carlisle
CA6 4SJ
T: 0300 373 3736
cumberland.gov.uk

KINGMOOR NURSERY & INFANT SCHOOL
HETHER DRIVE
CARLISLE
CA3 0ES

25th September 2025
Our Reference: LH-09-25

Dear owner/occupier,

Lowry Hill Road between Lowry Gardens and St Peters Drive

We want to let you know that Cumberland Council will be carrying out the installation of a pedestrian crossing on Lowry Hill Road, between the junctions of Lowry Gardens and St Peters Drive. With associated civil works on either side of the road to drop curbs. This will commence on the 27th October 2025 until 31st October 2025 with temporary 2 way lights for the first 4 days and a full closure on the final. (subject to prevailing weather and site conditions.)

Working hours for the works will be between **9.00am/5.00pm**. Access for emergency service vehicles, pedestrians and dismounted cyclists will be maintained at all times.

Should you have any special access requirements, or if you require any further information regarding these essential highway improvements, please visit Cumberland Council online at cumberland.gov.uk or contact the Highways Hotline on 0300 373 3736.

When contacting us, please state that your enquiry is regarding works highlighted above.

Yours sincerely,

James Hitch
Traffic Management Technician

Help us to help you

Have you noticed a problem with the road, traffic lights, streetlights, drains, or pavements? Please let us know!

To keep our highways safe and well-maintained, we rely on your reports. If you spot an issue, don't wait—report it today, and we'll work to get it fixed! Thank you



Autism Assessment Team

Does your child have autism or are you exploring an autism assessment for your child?

If so, we are pleased to let you know that the Autism Assessment team will be holding drop in sessions between October – December 2025. These sessions are an opportunity:

- For parents and carers to speak with the team
- Find out about support available to you and the child /young person.
- Additionally, you could book a slot to get advice and guidance from professionals, including Speech and Language Therapist and an Occupational Therapist.

We warmly encourage you to come along. Please see the attached poster for more details. We hope as many parents and carers as possible join us and seek support and advice from professionals.

Don't hesitate to contact us for further information:

Pathway Navigators (Carlisle/ Eden)

Kerry Armstrong & Anet Kuriakose

Email: northcumbriachildrensmaat@ncic.nhs.uk

Cumberland Council

NHS Lancashire & South Cumbria
NHS Foundation Trust

NHS North Cumbria Integrated Care
NHS Foundation Trust

Are you exploring an autism assessment for your child?
Do you have any questions?
Would you like support, advice and signposting?

Come and meet us and other families at the library in your area...

- o Autism pathway navigator
- o Speech and Language Therapist
- o Occupational Therapist
- o Health Visitor
- o Other carers

This drop in is for parents and carers of:

- o Children who have been seen by the Community Paediatrician.
- o Children who are on the 'multi agency assessment team' (MAAT) pathway.
- o Children who are awaiting the outcome of their assessment.
- o Children and siblings are welcome!

East Cumbria dates:
Thursday 18th September
Thursday 13th November
Thursday 11th December
Time: 10:30- 12:30

Location: The Sands Centre Carlisle.

Thursday 16th October
Time: 12:30- 14:30

For further details, you can contact our Autism Pathway Navigator - NorthCumbriaChildrensMAAT@ncic.nhs.uk

Flu Vaccinations

Private and Confidential

School-Aged Immunisation Service
Immunisation Team
2nd Floor
Capital Building
Hilltop Heights
London Road
Carlisle
Cumbria
CA1 2NS

Dear Parent/Carer

Your child's annual flu vaccination is now due.

This vaccination programme is in place to help protect your child against flu. The vaccine will help prevent them catching the flu. Vaccinating your child will also help protect vulnerable friends and family by reducing the spread of flu.

The intra-nasal flu vaccine is the most effective protection for your child against flu.

The online consent can be accessed via any online device. Please click on the following link or QR Code which will direct you to an online consent form for you to complete using the following school code

[Flu Vaccination Consent Form](#)



SCHOOL CODE: CM112230

This link will close 1 week prior to the session.

Session Date: Wednesday 26.11.25

If you decide you do not want your child to receive the flu vaccination, please complete a no consent form. (Still use the above link)

If in the past you have refused the intra-nasal flu vaccine due to porcine gelatine content, please follow the guidance on the flu consent form. The intramuscular (IM) flu vaccination can be given in school from year 7 upwards; younger years will be invited to receive it in one of our clinic venues. Contact the school aged immunisation team if you wish to arrange a clinic appointment.

Your child's school will be able to see if you have returned a consent form or not, they will not be able to access any personal information regarding you or your child.

If you have any queries regarding the online consent form or the Flu vaccine please contact the. North Cumbria Integrated Care School Aged Immunisation Service.

Yours sincerely,

North Cumbria Integrated Care School Aged Immunisation Service.

If your child becomes wheezy or has their asthma medication increased after you have completed the on-line form, please inform the immunisation service. For further information see [Protect your child against flu – information for parents and carers of children in primary school or pre-school](#)



SPACE Course

Please join us for this free 5 week course for parents and carers



Parents do you need support?

Kingmoor Nursery and Infant School

Would you like to know what ACEs are and learn how our body and brain is impacted by ACEs?

How to manage toxic stress **Have some time just for you** **Understanding attachment**

Create a kinder, more nurturing relationship with yourself - and a stronger bond with your child

This is a **FREE** 5 week SPACE course for parents/carers beginning **Friday 7th November** and runs 9-11am in school with Mrs Lamb (School SENCo) and Donna Lund (Course Leader)

Please come along for a cuppa and a chat to find out more at one of our 2 taster sessions:

Wednesday 15th October 6-7pm on Teams
Friday 17th October 9-10am in school

To book a place, please contact the school office on admin@kingmoor-inf.cumbria.sch.uk / 01228-558892

Open Evening & Reception 2025 applications



Kingmoor Nursery and Infant School

September 2026

Are you looking for a Reception place?

OPEN EVENING
Thursday 6th
November
6pm

If your child is due to start Reception in September 2026 please see the poster for more information and make applications following this link:

<https://www.cumberland.gov.uk/schools-and-education/apply-school-place-or-change-schools/apply-reception-place>



Parents/carers are responsible for applying for a school place by **15 January 2026**

Starting School

Children born between **1 September 2021** and **31 August 2022** can start school in **September 2026**

You can apply online at: www.cumberland.gov.uk
or contact: 01228 221582
or email school.admissions@cumberland.gov.uk

cumberland.gov.uk

Parent drop-in sessions with Mrs Lamb

Parent Drop in Sessions with our SENCO Mrs Lamb

If you would like to speak to our SENCo, Mrs Lamb, she will be holding regular drop in sessions in our Retreat (log Cabin). Just call in!



8:45-9:45am

- Thursday 18th Sep
- Friday 26th Sep
- Monday 29th Sep
- Tuesday 7th Oct
- Friday 17th Oct
- Monday 20th Oct

Stars of the Week!

This half term our Learning power is 'Reflecting'



Nursery Stars: Beatrice Rafe Ashton Mila

Lunchtime Awards: Thea S George L Killian W Olivia R Tilly H

Class 1 Star: Lotus

Lunchtime Award: Leo B-H

Class 2 Star: Isobel

Lunchtime Award: Poppy C

Class 3 Star: Ruben

Lunchtime Award: Louie W

Class 4 Star: Luna

Lunchtime Award: Lilia R

Class 5 Star: Myles

Lunchtime Award: Asia W

Class 6 Star: Thomas

Lunchtime Award: Grace F

Class 7 Star: Arabella

Lunchtime Award: Uzair Y

Class 8 Star: Ezra

Lunchtime Award: Bethany M

Class 9 Star: Henry

Lunchtime Award: Hannah L

School Attendance

Attendance in school this week has been lower due to alot of bugs and was 95.4%.

Calendar Dates

Sunday 5 th October	SPARK event in school More information in leaflet	
Monday 6 th October	Harvest Songs recorded will be uploaded to tapestry	
Friday 10 th October	Hello Yellow - Children's Mental Health day wear yellow	
Wednesday 22 nd October	Parents evenings	
Thursday 23 rd October	Parents evenings	
Friday 24 th October	Last Day of Term	
Monday 3 rd November	First Day of Term	
Wednesday 5 th November	Year 1 live phonics session	
Monday 10 th November	Children's Individual Photographs in school	
Thursday 13 th November	Year 2 live phonics session	
Monday 24 th November	Reception live phonics session	
Wednesday 26 th November	Nasal Flu Vaccinations in school for Reception, Year 1 & Year 2 children	
Thursday 27 th November	Lowry Hill Christmas Light Switch On	3.45pm
Wednesday 10 th December	Christmas Performance (AM) – Reception	9.30am
Wednesday 10 th December	Christmas Performance (PM) – Reception	2.30pm
Thursday 11 th December	Christmas Performance (PM) – Year 1	2.30pm
Friday 12 th December	Christmas Performance (AM) – Year 1	9.30am
Monday 15 th December	Christmas Performance (PM) – Year 2	2.30pm
Tuesday 16 th December	Christmas Performance (AM) – Year 2	9.30am
Wednesday 17 th December	Christmas Dinner Day	
Wednesday 17 th December	WINDOW WANDER	
Friday 19 th December	Wear something Christmassy/Christmas Jumper Day – Raising money for Cash4Kids	
Friday 19 th December	Last Day of term	

Menu for week commencing 6th October 2025

	Choice 1	Choice 2	Pudding
Monday	Butcher's Park Meatballs or 'No Meat' balls served with garlic bread and seasonal vegetables	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Strawberry Ice Cream Tub & Fruit Salad Or fresh fruit or Yogurt
Tuesday	Beef or Cheeseburger or Veggie Burger Served with sautéed potatoes & mixed salad	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Belgian Waffles & Whipped Cream Or fresh fruit or yoghurt
Wednesday	Kingmoor Kitchen prepared Chicken & Veg pie or Kingmoor Kitchen prepared Quorn & Veg Pie served with mashed potato, gravy & seasonal vegetables	Freshly Made Roll Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Double Chocolate Chip Cookie or fresh fruit or yoghurt
Thursday	Homemade Pepperoni or Cheese Pizza served with potato wedges, beans and salad stocks	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Flapjack & Raisins or Fresh Fruit or Yoghurt
Friday	'Fishy Friday' or Homemade Cheese & Potato Pie served with skinny fries, spaghetti hoops & vegetables	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Fruit Ice Pop or Fresh Fruit or yoghurt

Information

KINGMOOR BABY AND TODDLER GROUP

 **Thursdays 1:45pm to 3pm**

Sessions every week (closed during school holidays)

Craft, snack, songs, rhyme and play.

Children from 0 - to school age welcome. Come along to our friendly and welcoming group.

Tea, coffee and cake. £1 donation per family!

POSITIVE BEHAVIOUR SUPPORT WORKSHOPS

Are you ever worried about your child's behaviour and aren't sure how best to help?

Do you want to better understand their needs and support them through those tricky times?

These workshops help parents think about strategies and to come up with a plan that focuses on a good life for your child and your family.

NORTH CUMBRIA

Tuesday 16th, 23rd and 30th of September

10am - 2pm

Tullie House, Castle Street, Carlisle, CA3 8TP

Booking is essential. Please note you need to attend all 3 days of the course.

I wish it was available to all parents.

I loved hearing other people's stories about their own families!

I felt valued and supported.



If someone in your family is **under 18**, and is **autistic**, has a **learning disability** or is **waiting for a diagnosis** of autism or a learning disability, please come along.

To **book your place**, get in touch with **Skills for People** and ask for the **PBS team**.
Tel: 0191 281 8737 or e-mail: information@skillsforpeople.org.uk



Health Education England



Positive Behavioural Support



NHS North East and North Cumbria