



Newsletter Friday 21st November 2025

Kingmoor Nursery and Infant School

Reindeer Run



In school we are supporting Jigsaw Children's Hospice by joining in the annual Reindeer Run.

All children will be given a pair of reindeer antlers and will bring home a sponsor form today.

The run will be carried out during the school day by all children and staff on Thursday 4th December.

Any sponsor funds your child collects will be gratefully received by this local charity and it is preferable for donations to be made on line through the just giving account by following this link:

<https://www.justgiving.com/page/jigsaw-hospice-kingmoorinfants>

If your child collects cash this can be handed into the school office after the event and will be forwarded direct to Jigsaw.

Thank you for helping to support school and Jigsaw.



Calling all reindeer!

Santa knows who's been bad or good, so lace-up your trainers, pull the tinsel out of the attic, and get involved in our Reindeer Run to make sure you're on the nice list!

Kingmoor Nursery and Infant School are thrilled to be able to take part in Jigsaw, Cumbria's Children's Hospice's Reindeer Run, and this is our chance to get into the Christmas spirit and have lots of fun whilst raising money for our local children's hospice.

Each pupil will get their very own set of antlers so they look the part as well as a sponsorship form from the lovely Christmas elves at Jigsaw.

This is a fantastic opportunity to have lots of fun whilst supporting a vital local organisation, so we ask each child raises what they can to take part. Everyone who joins us will receive a certificate congratulating them for being part of this fantastic fundraising event, but, if we as a school are super fundraisers and raise an average of £10 per pupil, all runners at school will receive a much coveted reindeer run medal!

We will be holding our Run in school on Thursday 5th December 2025.

To hand in your sponsor money, simply bring your collected money back to the school along with your completed sponsor form (don't forget to tick the Gift Aid if eligible!).

As well as traditional sponsor forms, the Jigsaw elves have also set us up with our very own online fundraising page, <https://www.justgiving.com/page/jigsaw-hospice-kingmoorinfants>. Remember to include in your message the name of your reindeer so that the school can see who has donated online! If you use the online form, please still return your sponsor form to school indicating on the form how you have returned your collection- online or cash so the elves can match them up for Gift Aid purposes!

Jigsaw, the only Children's Hospice in Cumbria, provide respite, palliative and end-of-life care to children and young adults throughout Cumbria and beyond. Its home from home environment creates a safe and loving space, in which children can be children, and families can create lasting memories together.

We know it's been a tough couple of years for everyone in many different ways, but we ask that those that can give to support families throughout Cumbria who need Jigsaw's support do what they can.

We are so excited to be able to take part, and hope that all the children are too!

Thank you for your support!

SUPERKIND AWARD



We've entered!

The Social Impact Schools Award 2024/2025

**To showcase our dedication to making
a difference to the world around us**

Delivered by SuperKind.Org
www.superkind/social-impact-schools-award

We are taking part in the Social Impact Schools Award to formally recognise and celebrate the amazing social actions that our school and your children take over the school year.

We know that by getting involved in things like volunteering, campaigning and fundraising children are growing themselves while also benefiting the world around them.

Do encourage your children to think of ways that they can take social action when they are at home - this can be anything from helping pick up litter on the street outside your house, to pledging to walk to school instead of driving, recycling, making donations, saving energy (eg turning lights off), make a poster (eg handwashing, using less plastic), fundraising, write a letter to an important person about something that is important to you. etc...And of course, if your children do take social action while at home please share on Tapestry.

Lowry Hill Christmas Tree Light Switch On!



Thursday 27th November at 3:45pm will be the annual Christmas light switch on at the Lowry Hill Christmas trees!

The decorations are made by the children of Kingmoor Nursery & Infant School and the lights have been provided by the Lowry Hill Residents association through fund raising.

DISCO



We are having a disco on Thursday 18th December!

For Reception children this will be from 3.30pm - 4.30pm and will be held in the Reception building.

For Years 1 & 2 children, their disco will be from 5.30pm - 6.30pm in the school hall.

Children will enjoy a drink and packet of crisps at these events.

This is a fundraiser for school and if your child would like to come, please make payment of £5.00 through Eduspot by Monday 15th December.

Please note you are not able to book on the day, this must be done in advance, thank you.

Reception September 2026

If your child is due to start Reception in September 2026, please remember to make your application for school by 15th January 2026 by following this link:

<https://www.cumberland.gov.uk/schools-and-education/apply-school-place-or-change-schools/apply-reception-place>



The poster features the Cumberland Council logo at the top left, which consists of a green flower-like symbol above the text 'Cumberland Council'. Below the logo is a photograph of four children in school uniforms. The main text is on a dark blue background and reads: 'Starting School Children born between 1 September 2021 and 31 August 2022 can start school in September 2026'. A white speech bubble on the right side contains the text: 'Parents/carers are responsible for applying for a school place by 15 January 2026'. At the bottom, contact information is provided: 'You can apply online at: www.cumberland.gov.uk or contact: 01228 221582 or email school.admissions@cumberland.gov.uk'. A green button at the bottom right contains the text 'cumberland.gov.uk'.

Cumberland Council

Starting School
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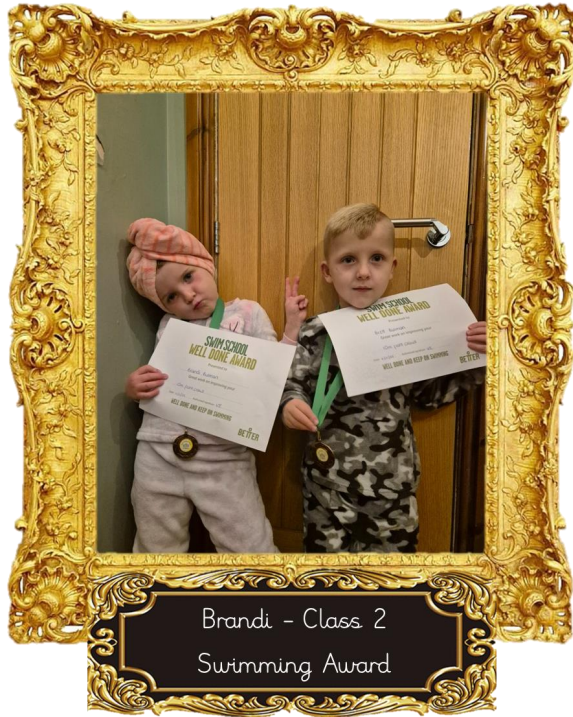
Live Phonics Session - Reception

Reception parents and carers are invited into school on Monday 24th November at 2.45pm for the live phonics session.

Talents & Achievements

Well done everyone! Lots of children sharing their achievements with us this week.







Stars of the Week!

This half term our Learning power is 'Imagining'



Nursery Stars: Jake Lilia Beatrice George

Nursery Lunchtime Awards: Lotus K Lilia B Harvey T Jack R Erick M

Class 1 Star: Thea

Lunchtime Award: Luna K-S

Class 2 Star: Amelia

Lunchtime Award: Chester W

Class 3 Star: Louie

Lunchtime Award: Mohamed B

Class 4 Star: Zack

Lunchtime Award: Benjamin H

Class 5 Star: Archie

Lunchtime Award: Maya C

Class 6 Star: Sean

Lunchtime Award: Vienna D

Class 7 Star: Seb

Lunchtime Award: Matilda G

Class 8 Star: Blake

Lunchtime Award: Isla B

Class 9 Star: George

Lunchtime Award: Phoebe B

School Attendance

Attendance in school this week has been lower at 95.4%.

Calendar Dates

Monday 24 th November	Reception live phonics session	2.45pm
Wednesday 26 th November	Nasal Flu Vaccinations in school for Reception, Year 1 & Year 2 children	
Thursday 27 th November	Lowry Hill Christmas Light Switch On	3.45pm
Thursday 4 th December	Reindeer Run – children sponsor event for local Jigsaw Children’s Hospice	AM
Wednesday 10 th December	Christmas Performance (AM) – Reception	9.30am
Wednesday 10 th December	Christmas Performance (PM) – Reception	2.30pm
Thursday 11 th December	Christmas Performance (PM) – Year 1	2.30pm
Friday 12 th December	Christmas Performance (AM) – Year 1	9.30am
Monday 15 th December	Christmas Performance (PM) – Year 2	2.30pm
Tuesday 16 th December	Christmas Performance (AM) – Year 2	9.30am
Wednesday 17 th December	Christmas Dinner Day	
Wednesday 17 th December	WINDOW WANDER Refreshments in The Retreat – fundraising for Uganda school	3.30pm
Wednesday 17 th December	Christmas Dinner Day (no cold option that day)	
Thursday 18 th December	Special Visitor to school!	
Thursday 18 th December	Disco – Reception	3.30pm– 4.30pm
Thursday 18 th December	Disco – Year 1 & Year 2	5.30pm- 6.30pm
Friday 19 th December	Wear something Christmassy/Christmas Jumper Day – Raising money for Cash4Kids - £1 donations welcomed	
Friday 19 th December	Last Day of term	

Menu for week commencing 24th November 2025

Monday	Kingmoor Kitchen prepared chicken korma or Quorn korma served with naan bread and mixed salad	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Strawberry Ice Cream Tub Or fresh fruit or Yoghurt
Tuesday	Beef or Cheeseburger or Veggie Burger Served with sautéed potatoes & salad	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Mouse (scotch, chocolate or strawberry) Or fresh fruit or yoghurt
Wednesday	Kingmoor Kitchen prepared chicken pie or Kingmoor Kitchen prepared Cheese & Potato Pie served with potato waffles, baked beans or salad	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Chocolate Chip Cookie or fresh fruit or yoghurt
Thursday	Butcher's Pork Meatballs or 'No meat' balls with Tomato Pasta served with tomato & basil sauce, oven baked garlic bread & salad	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Flapjack or Fresh Fruit or Yoghurt
Friday	'Fishy Friday' or Veggie Sausage served with chips, peas & tomato ketchup	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Iced Vanilla Sponge or Fresh Fruit or yoghurt

Information



Attend our online information event dedicated to our Homestays supported lodgings scheme



Cumbria Fostering is proud to support the first-ever National Supported Lodgings Week, taking place from 9 to 16 November 2023.

This new campaign shines a light on supported lodgings – where young people aged 16-21 live with a host who provides a safe home, everyday guidance and the support of a trusted adult as they move toward independence.

In Cumbria our supported lodgings scheme, Homestays, needs more people to come forward and open their homes and hearts to young people who are leaving care or are at risk of homelessness.

Find out more at our upcoming event

If you would like to find out more about becoming a Homestays provider why not attend our National Supported Lodgings Week online information event on Wednesday 19 November from 6pm to 7pm? We will run through a short presentation about our Homestays supported lodgings scheme for young people aged 16 to 21 before answering any questions you may have. To register for our event visit our [event booking page](#).

Fostering changes lives – not just for the young people in care, but for the carers too. If you've ever thought about fostering, these events are a fantastic way to take that first step.

Want to talk to someone today call our friendly fostering hub team on 0300 019 0200 or register your interest at cumbriafostering.org.uk

Make an enquiry



Homestays provider Mel Richards, from Dalton, has welcomed two young women into her home, helping them build confidence, independence, and a brighter future.

She said: "I find it hard to put into words how rewarding it can be. Don't let misconceptions about teenagers hold you back. I've had two wonderful girls and it's been amazing. Giving them flourish and take new life skills with them when they leave—it's the best feeling in the world."

Mel, who works part time, said that that supporting older teens was a perfect fit for her lifestyle: "The flexibility of Homestays fits perfectly around my job and other family commitments."

Read Mel's full story [here](#).

Follow us on social media

Have you followed our social media pages yet? If not, you can see our latest news and updates via our [Facebook](#), [Twitter](#), and [Instagram](#) pages.



4
FRONT
THEATRE

4FRONT THEATRE PRESENTS

Have Ewe Herd?

A CHRISTMAS PANTIVITY

Join Jessie the sheperdessy for a Christmas adventure!
Expect toe-tapping songs, slapstick silliness, chaotic puppetry and a whole lot of laughs in 4Front's latest *baaa-rilliant pant-ivity!*
A 1 hour show, fun for all the family, see ewe there!

2 Free Public Performances in Carlisle - no ticket required - just come along!

Tue 25th Nov 6pm St. James' Parish Centre, CA2 5PD
AND
Fri 28th Nov 7pm St. Michael's Church, Stanwix CA3 9DJ

WWW.4FRONT-THEATRE.COM



Cumberland
Council



Cumberland
Family Hub.



Longtown Family Hub

Longtown Family Hub,
Mary Street, Longtown, CA6 5UG

Time Together

(SEND Support Group- Term Time only)

Time together is a FREE support group for children aged 0-5 with additional needs and their families.

Monday's, 10.00am - 11.00am
Starting 3 November- 15 December

Baby and Children's Tabletop Sale

Toys, clothes, baby equipment etc.
Come and declutter before Christmas, and buy some
new to you things!

Sunday 23 November 10.30-12.30

Burgh by Sands Parish Hall, CA5 6AL



Tables £10. To book contact Emma (07736
772652) or Rebecca (07795 282993).
Supporting Burgh by Sands Playgroup



flu: 5 reasons to vaccinate your child



1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

Most children have the nasal spray vaccine which is the preferred vaccine. A vaccine injection is also available which does not contain gelatine from pigs (porcine gelatine).

For more information visit www.nhs.uk/child-flu

Flu **i**mmunisation

Helping to protect children, every winter

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Cumbria Fostering



Become part of Cumbria's biggest Family

Find out about

Fostering



Ready to take the first step on your fostering journey?

Join our online information session from the comfort of your home on **Wednesday 19 November** from 6pm to 7pm and talk to our friendly team and foster carers



SCAN ME

☎ **0300 019 0200**

cumbriafostering.org.uk





FREE TASTER SESSIONS

THURSDAYS	FRIDAYS	SATURDAYS
AGES 4-7	AGES 6-10	AGES 4-6
17:00-18:00	17:00-18:00	09:00-10:00
AGES 8-13	AGES 11-15	AGES 7-10
18:00-19:00	18:00-19:00	10:00-11:00
	VENUE	AGES 11-15
	TRINITY SCHOOL SPORTS HALL	11:00-12:00



CONTACT US

www.ELITEFOOTBALLCALLE.COM 07732 657 782



Cumberland Family Hubs - November

Celebrating support for you and your baby this Baby Week



Cumberland is joining Baby Week to help to show all the support on offer in our local area. The national week helps people to discover activities and groups, make friends and get support and runs between Friday 14 and Friday 21 November.

Join one of the sessions:

Are you pregnant (28 weeks or more) or recently had a baby?

Don't miss... Support for SEND families

Time Together (SEND)

- Tuesdays 11am -12pm, Harraby Community Centre, Carlisle
- Wednesdays, 1.30-2.30 pm, South Whitehaven (Valley) Family Hub, Whitehaven
- Mondays 10-11am, Family Hub on the Border, Longtown

You can find loads of free and low-cost activities – from music and play sessions to feeding support. Explore what's on and book your spot today [Baby Week Cumberland](#).

[Download the timetable](#)

New timetables for Family Hubs



Updated timetables are available at your local Family Hub and online, find out what is going on near you, [Cumberland Family Hubs activities, groups and support](#).

Protect your family from flu this winter



Did you know that the children's flu vaccine is offered to all 2-3 year olds, school aged children (reception to year 11) and children who have certain long term health conditions.

The flu vaccine helps protect your child and others against flu, flu can be very easily caught and spread amongst children, lets help stop the spread. Find out more <https://www.nhs.uk/vaccinations/child-flu-vaccine/>

Bobby represents young people at Youth Parliament

Join a free baby shower and meet other parents. Connect with useful services, get a memento bump photo, design a baby grow and more. Free to attend, let us know you are coming by emailing the team, familyhubs@cumberland.gov.uk



Wednesday 19 November, 4-6 pm at Family Hub on the Harbour, Whitehaven



Do you have a budding little footballer in the making?

Come along to our free football play session designed especially for babies and toddlers. We'll also have friendly faces on hand with parenting advice and support. Free to attend, just drop in.

Sunday 16 November, 1-3pm at Westfield Family Hub, Workington

Big Little Strollers

Join other parents and the family hub team for an autumnal walk with your little one and then warm back up in the hub with a hot chocolate. A great way to get active, meet others and get advice from people you trust.



- Tuesday 18 November 1.30-2.30 pm, meet at Family Hub on the Harbour, Whitehaven
- Wednesday 19 November, 10-11 am meet at Chances Family Hub, Morton, Carlisle

Lots more throughout Baby Week

Good Enough Start Together Time

- Thursdays 10-11 am, Millom Family Hub

Book a **FREE sensory room** to use with your child by email, calling your local hub or sending us a message on Facebook.

Plus, drop into any of our other sessions, you and your children are always welcome.

Find more activities and groups:

Find all current sessions on our website, [Cumberland Family Hubs | Activities, groups and support](#)

We are continuing to review and develop the sessions offered and we'll share updates on our website, this email and social channels.



Bobby Forbes, Member of UK Youth Parliament for Cumberland, is spoke in the House of Commons last week.

He proudly represented young people, raising the issues that matter locally and has been a powerful voice throughout his involvement with Youth Parliament.

If you know a young person who's passionate about making a difference, encourage them to get involved in Youth Voice. It's a brilliant way to build confidence, learn new skills and be heard. Find out more: youth.voice@cumberland.gov.uk

Help support your baby's movement

Looking for ideas on how you can support your baby to get moving? There are lots of options beyond tummy time to help support your baby to build the strength they need to sit, crawl and get walking. Find out more: [Association of Paediatric Chartered Physiotherapists](#) | [Positions for playing](#)

Stay well this autumn and winter



Make sure to look out for the consent from your child's school, complete and return it so they don't miss out on the flu vaccine this winter.

If you have missed it, you can catch up at your GP or pharmacy. Find out more and book here: nhs.uk/vaccinations