



Newsletter Friday 12th December 2025

Christmas Dinner



Our kitchen staff will be making a fabulous traditional Christmas Dinner or Vegetarian Christmas Dinner for the children on Wednesday 17th December.

Please be aware there will not be a sandwich alternative on this day so please ensure you select on Eduspot 'Packed Lunch' and provide on the day if this is your child's preferred choice.

School Lunch Booking

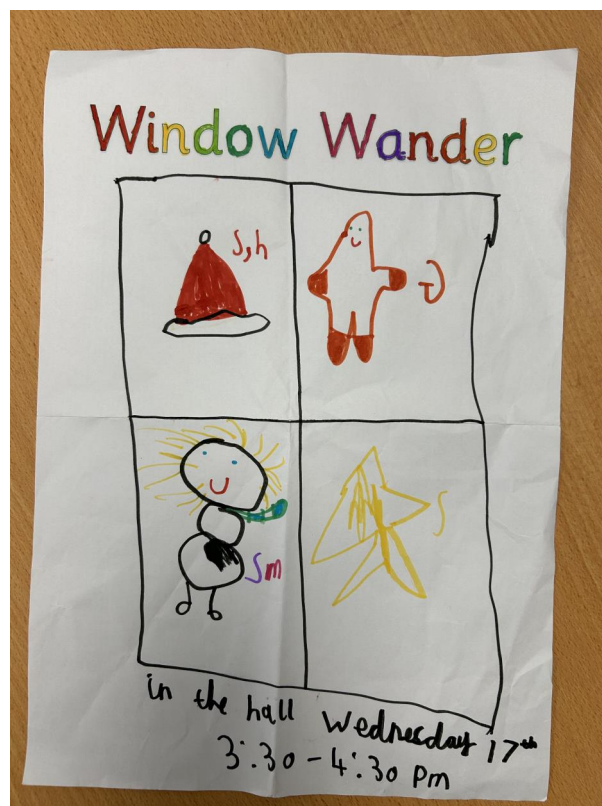
There are a couple of changes to the school menus starting in the new year.

Due to this you will not be able to make your children lunch bookings until after the end of this term. Please ensure you book your child's lunches before the start of the new term, thank you.

Polite reminder

Parents and carers please can children not play on the shared play equipment in the middle of the main playground before and after school for health and safety reasons especially in the winter months. Thank you.

Christmas Window Wander



The Christmas Window Wander will take place on Wednesday 17th December 3:30pm - 4:30pm

We are raising money for our friends at the Galigatya Children's Centre in Uganda.

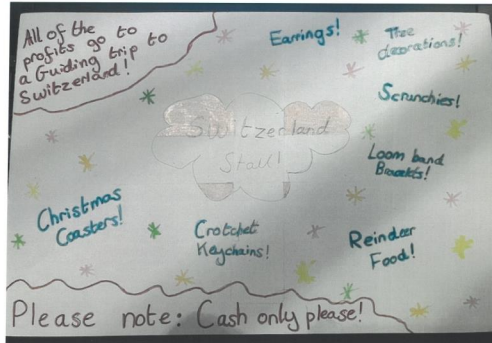
Entry sheets are £1.

Tea and coffee will be on sale from The Retreat (in the EYFS playground) £1 for a hot drink or juice and a biscuit.

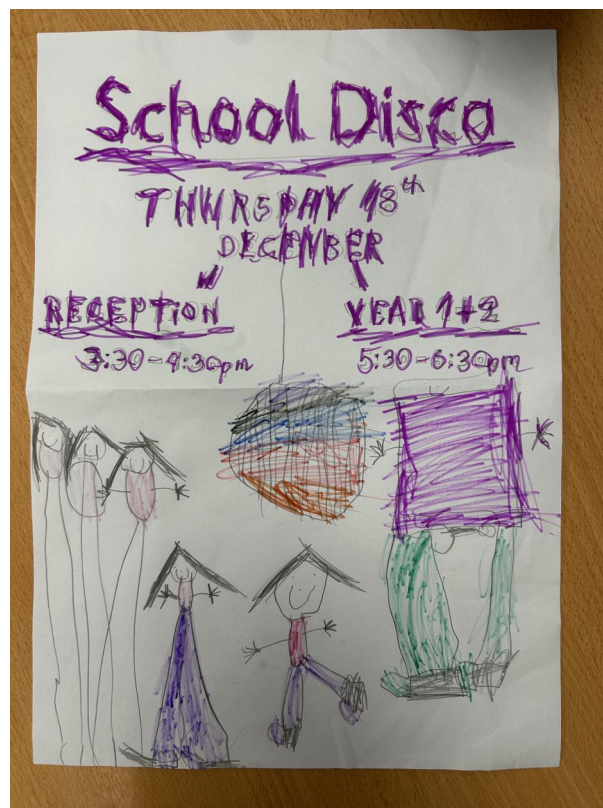
PLEASE NOTE CASH ONLY!

We look forward to seeing you there!





DISCO



LAST CHANCE - Don't forget to book your child for the Christmas Disco - booking must be done in advance!

Bookings will be closed on Tuesday afternoon so please book before then.

Disco is on Thursday 18th December:

For Reception children this will be from 3.30pm - 4.30pm and will be held in the Reception building.

For Years 1 & 2 children, their disco will be from 5.30pm - 6.30pm in the school hall.

Children will enjoy a drink and packet of crisps at these events.

This is a fundraiser for school and if your child would like to come, please make payment of £5.00 through Eduspot.

Christmas Jumper Day - Friday 19th December



Children can come to school wearing Christmas jumpers or something Christmassy next Friday.

We are raising funds for the very worthwhile charity CASH FOR KIDS - Christmas Mission! £1 donation's welcomed, thank you

Extended Services

You are now able to make bookings for Breakfast, Afterschool and Holiday Clubs up to and including the Easter Holidays on Eduspot.

If you interesting in using this service and want more information or to add your child to the registers, please contact the school office.

Help us to rescue our Willow Tunnels:
Workshops

Willow Weaving



You may have seen that we have two Willow Tunnels on site. They are desperate need of some tender loving care.

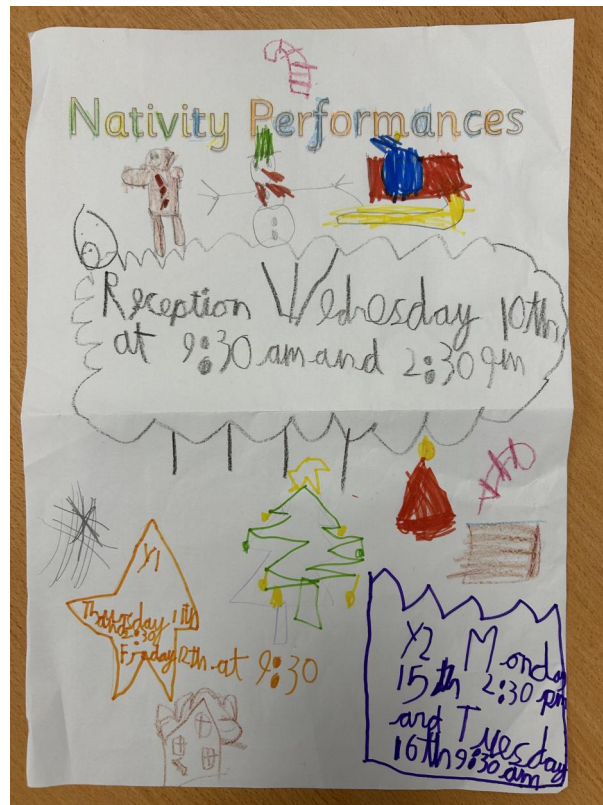
PLEASE HELP and come along to one of our Willow Weaving Workshops at school on 12th Jan and 2nd Feb at 1pm. These workshops are for adults only but any adults over the age of 16 years are welcome! The more the merrier!

We will be supported by an expert Willow Weaver and landscape gardener.

Each session will start will start with a Sausage sandwich and Tea/Coffee/Hot chocolate/ cold drinks and biscuits during the afternoon. Willow Weaving supports Mental Wellbeing, Creativity and you can learn a new skill whilst meeting new people. If you, or any friends/family members, are to join us please complete the attached form.

[Willow Weaving Workshops at Kingmoor Nursery and Infant School – Fill out form](#)

Reception Christmas Performance



Reception and Year 1 had a great Nativity this week! We loved learning all the songs and actions and hope you enjoyed it as much as we did.













Year 1 Christmas Performance

Well done to year 1 for a fantastic Christmas performance of Whoops-a-Daisy Angel, they were all amazing and some wonderful singing.









Panathlon Kurling Competition

This week some year 2 children took part in the Panathlon Kurling competition at Richard Rose Central Academy today. It was lead by Great Britain Paralympian Nathan Maguire.

The children had an amazing time experiencing this sport for the first time and well done for your medals and certificates!











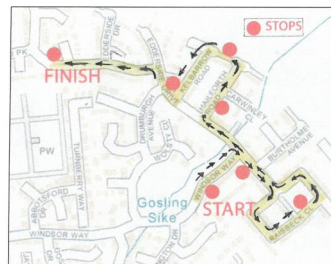
ROTARY CLUB OF CARLISLE

SANTA'S SLEIGH

AT EDDERSIDE DRIVE

THURSDAY 18th DECEMBER

STARTING AT 4.30pm



ALL TIMES APPROXIMATE

4.30pm Windsor Way

5.00pm Edderside Dr

5.30pm Raisebeck Close

6.00pm Garsdale Drive

6.30pm Newfield Park

PLEASE TELL OTHERS

CASH COLLECTION FOR LOCAL CHARITIES

Follow us on [facebook.com/RotaryCarlisleUK](https://www.facebook.com/RotaryCarlisleUK)



ROTARY CLUB OF CARLISLE

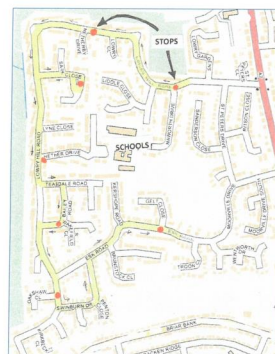
SANTA'S SLEIGH

AT LOWRY HILL

CHRISTMAS EVE, WEDNESDAY

24th DECEMBER

STARTING AT 4.30pm



ALL TIMES APPROXIMATE

4.30pm Naworth Drive

5.30pm Sark Close

6.15pm Bailey Road

6.30pm Swinburn Drive

7.00pm Esk Road

PLEASE TELL OTHERS

CASH COLLECTION FOR LOCAL CHARITIES

Follow us on [facebook.com/RotaryCarlisleUK](https://www.facebook.com/RotaryCarlisleUK)



Lowry Hill Santa Bus!



Lowry Hill Residents Association have had requests from many parents asking if Santa would come to see the children of Lowry Hill and Kingmoor Schools and the surrounding area.

Although Santa is very busy, he has agreed to come. His reindeer will be resting ahead of their hectic night on Christmas Eve, but he will be happy to visit in his bus on Sunday December 14th from 4pm to 7pm.

Santa's bus will be at Lowry Hill Road lay-by between Teasdale Road and Bailey Road and tickets will be sold on a first come basis.

Tickets are £8 per child adults free, for 30 minutes which includes an activity and a gift from Santa plus a ride around Lowry Hill. Tickets are available from Barbara Bray on 07472454356 or call at 136 Lowry Hill Road.

All money raised is going to The Prostate Cancer Trust Cumbria. Thank you

Reception September 2026

If your child is due to start Reception in September 2026, please remember to make your application for school by 15th January 2026 by following this link:

<https://www.cumberland.gov.uk/schools-and-education/apply-school-place-or-change-schools/apply-reception-place>



Cumberland Council



Parents/carers are responsible for applying for a school place by **15 January 2026**

Starting School

Children born between
1 September 2021
and **31 August 2022**
can start school in **September 2026**

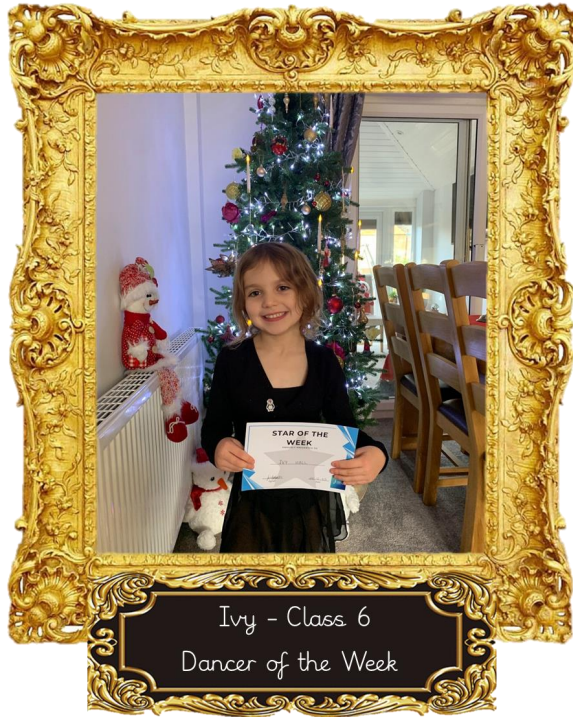
You can apply online at: www.cumberland.gov.uk
or contact: 01228 221582
or email school.admissions@cumberland.gov.uk

cumberland.gov.uk

Talents & Achievements

Wow well done everyone - fantastic to see so many achievements again this week!

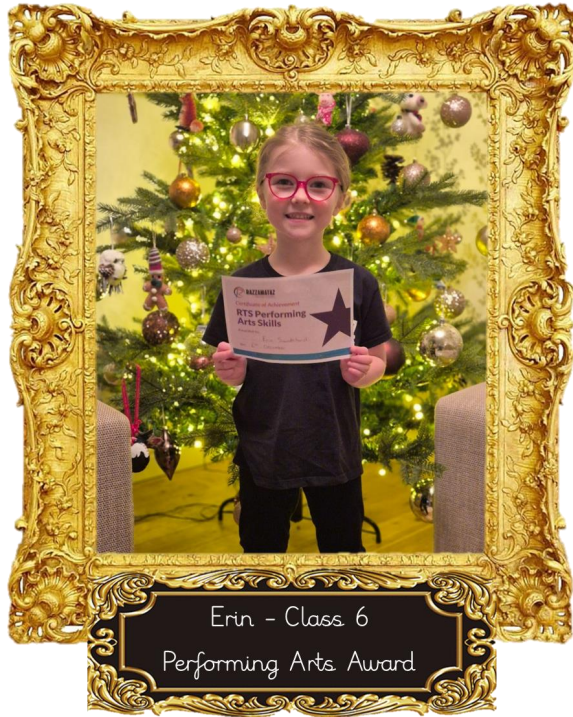




Ivy - Class 6
Dancer of the Week



Evan - Class 4
Football Award

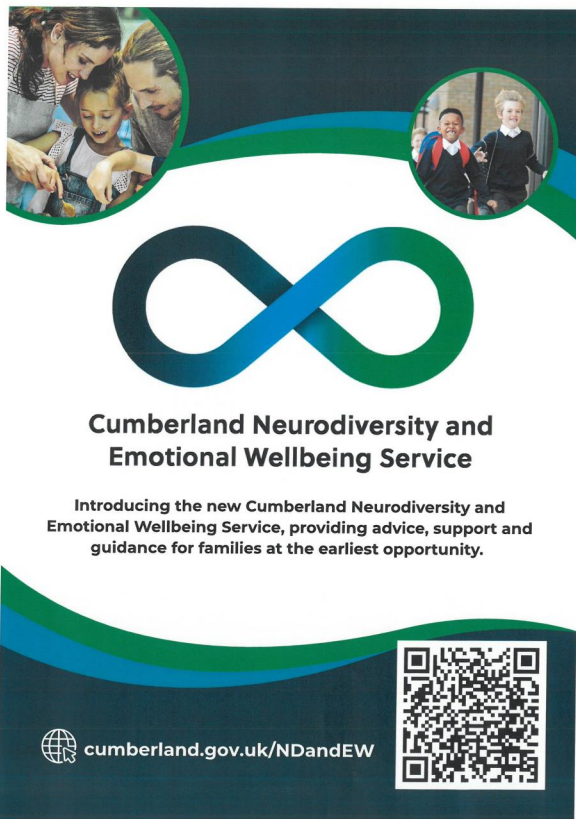


Erin - Class 6
Performing Arts Award




Myles - Class 5
Mensa Certificate


Cumberland Neurodiversity & Emotional Wellbeing Service

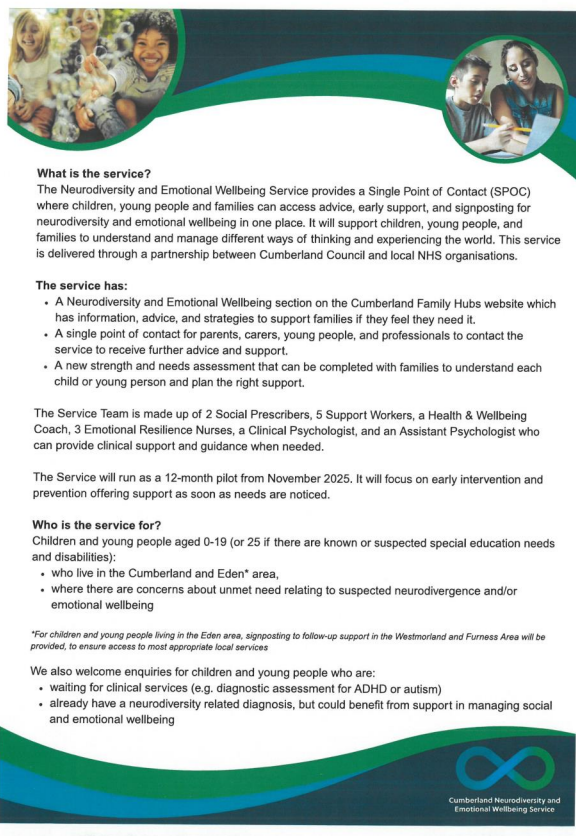


Cumberland Neurodiversity and Emotional Wellbeing Service

Introducing the new Cumberland Neurodiversity and Emotional Wellbeing Service, providing advice, support and guidance for families at the earliest opportunity.



 cumberland.gov.uk/NDandEW



What is the service?

The Neurodiversity and Emotional Wellbeing Service provides a Single Point of Contact (SPOC) where children, young people and families can access advice, early support, and signposting for neurodiversity and emotional wellbeing in one place. It will support children, young people, and families to understand and manage different ways of thinking and experiencing the world. This service is delivered through a partnership between Cumberland Council and local NHS organisations.

The service has:

- A Neurodiversity and Emotional Wellbeing section on the Cumberland Family Hubs website which has information, advice, and strategies to support families if they feel they need it.
- A single point of contact for parents, carers, young people, and professionals to contact the service to receive further advice and support.
- A new strength and needs assessment that can be completed with families to understand each child or young person and plan the right support.

The Service Team is made up of 2 Social Prescribers, 5 Support Workers, a Health & Wellbeing Coach, 3 Emotional Resilience Nurses, a Clinical Psychologist, and an Assistant Psychologist who can provide clinical support and guidance when needed.

The Service will run as a 12-month pilot from November 2025. It will focus on early intervention and prevention offering support as soon as needs are noticed.

Who is the service for?


Children and young people aged 0-19 (or 25 if there are known or suspected special education needs and disabilities):

- who live in the Cumberland and Eden* area,
- where there are concerns about unmet need relating to suspected neurodivergence and/or emotional wellbeing

*For children and young people living in the Eden area, signposting to follow-up support in the Westmorland and Furness Area will be provided, to ensure access to most appropriate local services

We also welcome enquiries for children and young people who are:

- waiting for clinical services (e.g. diagnostic assessment for ADHD or autism)
- already have a neurodiversity related diagnosis, but could benefit from support in managing social and emotional wellbeing


Cumberland Neurodiversity and Emotional Wellbeing Service

Stars of the Week!

This half term our Learning power is 'Imagining'



Nursery Stars: Jessica D Thea S Lara T Chester O

Nursery Lunchtime Awards: Talliah M-T Molly J Amelia K Josie B Archie S

Class 1 Star: Oscar

Lunchtime Award: Dylan & Dominic B

Class 2 Star: Phoebe

Lunchtime Award: Holly W

Class 3 Star: Eden E

Lunchtime Award: Isaac T-C

Class 4 Star: Mikayla

Lunchtime Award: Luna J

Class 5 Star: Finn

Lunchtime Award: Lilly M

Class 6 Star: Tommy

Lunchtime Award: Maggie A

Class 7 Star: Edie

Lunchtime Award: Joseph H

Class 8 Star:

Lunchtime Award: Seth M

Class 9 Star: Meela

Lunchtime Award: Myles G

School Attendance

The attendance in school this week has been 94.9%

Calendar Dates

Monday 15 th December	Christmas Performance (PM) – Year 2	2.30pm
Tuesday 16 th December	Christmas Performance (AM) – Year 2	9.30am
Wednesday 17 th December	WINDOW WANDER Refreshments in The Retreat – fundraising for Uganda school	3.30pm
Wednesday 17 th December	Christmas Dinner Day (no cold option that day)	
Thursday 18 th December	Special Visitor to school!	
Thursday 18 th December	Disco – Reception	3.30pm– 4.30pm
Thursday 18 th December	Disco – Year 1 & Year 2	5.30pm– 6.30pm
Friday 19 th December	Wear something Christmassy/Christmas Jumper Day – Raising money for Cash4Kids - £1 donations welcomed	
Friday 19 th December	Last day of term	
Wednesday 7 th January 2026	First day of term	

Menu for week commencing 15th December 2025

	Choice 1	Choice 2	Pudding
Monday	Butcher's Pork Meatballs or 'No Meat' balls served with garlic bread and seasonal vegetables	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Strawberry Ice Cream Tub & Fruit Salad Or fresh fruit or Yogurt
Tuesday	Beef or Cheeseburger or Veggie Burger Served with sautéed potatoes & mixed salad	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Belgian Waffles & Whipped Cream Or fresh fruit or yoghurt
Wednesday	TRADITIONAL CHRISTMAS DINNER Roast Turkey or Quorn served with roast potatoes, Yorkshire puddings, pigs in blankets, seasonal vegetables and gravy		Christmas Ice Cream Tub or fresh fruit
Thursday	Homemade Pepparoni or Cheese Pizza served with potato wedges, beans and salad stocks	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Flapjack & Raisins or Fresh Fruit or Yoghurt
Friday	'Fishy Friday' or Homemade Cheese & Potato Pie served with skinny fries, spaghetti hoops & vegetables	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Fruit Ice Pop or Fresh Fruit or yoghurt



Kingmoor Nursery and Infant School



Online Safety Newsletter December 2025

AI Chatbots and companions

A simple search of "AI Chat" within the App store highlights the number of AI apps already available, many are rated as 18+ so it is important to speak to our children about them and the risks associated with them. Examples of AI chatbots that your child may have heard of are Character.AI (18+) and My AI from Snapchat (13+).

What are the risks?

- Over reliance on AI companions, for example they may replace 'real life' friendships or over reliance on using them for homework or problem solving.
- Exposure to inappropriate content.
- Privacy/data risks
- Misinformation as not all information shared is correct and can be biased.

How can I protect my child?

- Check age ratings of any apps or websites that your child accesses.
- Discuss the risks of AI chatbots with them and have open conversations about why they may be using them.
- Set up appropriate parental controls on their devices/broadband.
- Chat to your child regularly and ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information
<https://www.esafety.gov.au/newsroom/blog/ai-chatbots-and-companions-risks-to-children-and-young-people>

New Technology

As some children may be receiving new technology or related games at Christmas, here is a quick reminder of the importance of setting up appropriate parental controls.

Games/Consoles

- Check age ratings: look at the PEGI rating of any new games. *Remember, PEGI rates the gameplay so whilst it is important to review age ratings, you must also check to see if it has any communication elements.*
- If a game does allow your child to communicate with others, then adjust or disable the settings as appropriate to your child.
- On the device itself, set up applicable controls such as restricting spending limits. Follow the links below to find out how to set up Parental Controls for popular devices here:
Xbox: <https://www.xbox.com/en-GB/family-hub>
PSS: <https://www.playstation.com/en-gb/support/account/ps5-parental-controls-spending-limits/>
Nintendo Switch: <https://www.nintendo.com/en-gb/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-2-Nintendo-Switch-Parental-Controls-2873385.html>

Tablets/Smart phones

Set up parental controls on the device to prevent purchases, restrict content viewed and adjust privacy settings. Furthermore, remember to check any apps your child requests to check that they are suitable for their age. Follow the links below to find out more:
iPhones/iPad: <https://support.apple.com/en-gb/105121>
Android Device: <https://support.google.com/googleplay/answer/1075738>

Further information
<https://www.internetmatters.org/parental-controls/>

The Safety-First Smartphone

The Other phone is a new smartphone, which includes "SafetyMode" software. The software automatically blocks nudity, profanity, and bullying language in real time. You can find out more here: <https://otherphone.co.uk/>.

Smart Phone Free Childhood also list some alternatives that you could consider here: <https://www.smartphonefreechildhood.org/alternatives>.

Please note, that the inclusion of these models does not constitute an endorsement or recommendation. While these devices may provide a 'safer' alternative to traditional smartphones, there are still potential risks associated with children using any type of phone.



Roblox

Following a recent ITV investigation*, which found extremist content on Roblox, we thought we would provide a reminder of what you need to be aware of. Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in game/app purchases are available) and can be played across numerous devices. **A lot of the content is user generated, which means not all games will be suitable for your child to view/play.** If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls. PEGI rate Roblox with a Parental Guidance label, this is because it is considered a platform with a huge level of user generated content.

What should I be aware of?

Game content – as mentioned, users create games so the content/themes may not be appropriate for your child. Roblox label content based on the type of content rather than by age. The labels are Minimal, Mild, Moderate and Restricted.

Chat Facility - Players can chat with each other (users under the age of 13 need parent permission to access certain chat features though). You can turn communication off completely or add restrictions, such as only able to communicate with friends.

Virtual Currency - Players can buy Robux (their virtual currency) to buy in-game upgrades or accessories.

How do I report abuse and block users?

This article outlines the different reporting facilities:
<https://en.help.roblox.com/hc/en-us/articles/203312410-How-to-Report-Rule-Violations>

What else can I do?

Chat to your child regularly about what they are doing online and remind your child that if anything is worrying them, then they should talk to you or another trusted adult.

Further information

<https://parentzone.org.uk/article/roblox>
 *Source: <https://www.bbc.com/news/2025-11-14/mosque-attacks-and-durrright-skims-roblox-teen-exposed-to-extremist-content>

Signal Private Messenger

Signal is rated as 13+ on the App store. It is a messaging app, where users can text, send voice messages and photos plus participate in group chats and calls. There are no parental controls currently available. As with all messaging apps, the risks can include bullying and viewing inappropriate content. Find out more here: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/chat-apps/>

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Discord

Discord is a social networking app originally designed for gamers but is now used by lots of different people **chat to each other online.** The minimum age to access Discord is 13. The App store rates it as 17+.

Discord is made up of servers, which are spaces for groups to chat, upload files and share images etc. Anybody can set up a server, and they can either be public or private. Users can video call and send direct messages to other individuals or groups. Children who play online games such as Fortnite may use Discord to chat whilst playing the game (rather than using the game's own chat facility). In-app purchases are available through Discord's subscription service called Nitro.

How can I make it safer?

Discord have created a Family Centre, which provides further information about what Discord is, as well as information about different safety settings available:
<https://discord.com/safety-family-center>

As always, we would encourage you to chat to your child to see why they use Discord and ensure that they know how to block users and what to do if they see any inappropriate content. It is important to be aware that Discord does include video/voice calling which cannot be filtered. Discord is used by an array of users and therefore adult content can be found on Discord as well as inappropriate language. Discord have produced this article, which answers frequent questions:
<https://discord.com/safety/36004418591-answering-parents-and-educators-top-questions>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version:
<https://www.knowledgecity.org.uk/discember-2025-primery/>