



Newsletter Friday 20th March 2026

PARKING ISSUES



We are asking everyone to watch the video link below:

<https://vimeo.com/837027995?share=copy&fl=sv&fe=ci>

Please park safely and considerately around school and outside residents houses, do not obstruct their access to their homes.



Music Mark - 2025-2026



WOW! We have been awarded the 'Music Mark of Recognition' from the Cumbria Music Hub for 'Ambition and Quality'

This is our Music Mark Logo and the a description of what we had to prove below, great achievement.

Ambition & Quality <i>"You are a leading example of a consistent commitment to music education with an ambitious and collaborative approach."</i>
The school recognises the value of music education as part of a broad and balanced curriculum
The school has an excellent music curriculum
The school has a strategy for music in place which provides for all children

Feet First & Big Walk & Wheel



The Feet First challenge continues on Monday, we hope you can carry on to encourage your children to walk or wheel to school as much as possible for next week!



Dear Parent / Carer,

Our school will be taking part in the county wide Feet First 5-day Active Travel Challenge starting on **Monday 23 March** and finishing on **Friday 27 March 2026**. The challenge is for pupils and their families to choose an active way of getting to school as many times as possible over the 5-day period, supporting active journeys on the school run.

There are prizes for everybody who completes the challenge, as well as the chance to win a whole school prize, so we would love everyone to take part. The challenge is also open to school staff, and we will be making every effort to take part too. Walking, using a mobility aid such as a wheelchair, cycling, skating, scooting, and park & stride are all active ways of travelling, and we hope by taking part in the challenge it will:

- Improve health and wellbeing of our pupils and families
- Encourage pupils and families to be more active
- Reduce congestion and parking problems around our school
- Reduce our school community's collective carbon footprint
- Promote active travel for the school run and encourage families to continue to do this after the challenge ends
- Be good fun!

Each child will receive their own card to record their active journeys. Those pupils who have recorded at least one active journey on the card at the end of the challenge will be awarded an individual prize.

We understand that it's not always possible for families to walk with their children to school for the entire journey, but if you live a long way from school, you can still take part by parking further away and walking the last part of your journey, (Park & Stride), or by car sharing with another family. Children who use school transport during the active challenge week will be able to collect stickers as this helps to reduce individual car use.

Many thanks,



Uniform Order

An order for new uniform will be placed with our suppliers on Monday 23rd March which will be available to come home with your child after the Easter holidays.

If you want to place an order please do this on Eduspot over the weekend.



Reports and Parent's Evening

All parents should have had the opportunity to book a parents' evening appointment for the last week of term. If you have any problems please get in touch.

We will also make our Spring Term reports live on Monday the 23rd March. These are sent by email using INSIGHT (as we did in with the December reports).

The AUTUMN term reports provided an overview of teacher assessments, a personal comment and next steps for your child.

The SPRING term reports provides details of teacher assessment and your child's next steps/targets will be shared at parents' evening.

The SUMMER reports are our end of year reports which will contain more detail about your child's progress and achievement across the year as well as next steps/ targets. The summer term reports also show details of any statutory assessments such as Phonics screen checks or Early Years Foundation Stage Profile outcomes.

If you have any questions please contact the school office or your child's teacher.

Easter Chocolate Raffle



Thank you for all your chocolate donations - wow!

The draw will take place next Friday 27th March - more details of the draw will follow on Monday.

Nursery Applications - September 2026

If you know of anyone who is looking for a nursery place for their child for September 2026 you must apply by 27th March 2026.

Please contact the school office for an application form.

FPTA Summer Raffle

The FPTA want to have a FANTASTIC raffle in the last week of the summer term.

They are asking for raffle prizes from any local companies of gifts, items, vouchers, services etc.. Donations welcomed, thank you in advance.

U Dance

Year 1 children were absolutely amazing in their U Dance performance at the Crown and Mitre. They did a brilliant job and were very confident on stage!





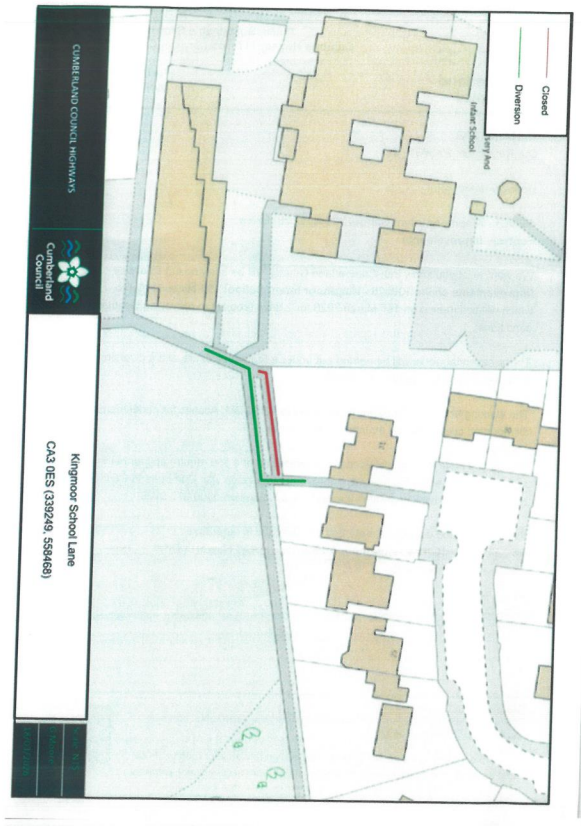
Tullie House Trip - Class 6

Class 6 had a fabulous time at Tullie House this week and enjoyed the Mary Anning workshop where they took part in different activities!





Footway Improvements - Naworth Drive



Highways & Transport
Place, Sustainable Growth and Transport
Cumbria House, 117 Botchergate, Carlisle, Cumbria
CA1 1RD
T: 0300 373 3736
cumberland.gov.uk

18th March 2026
Our Reference: 25-3501_29

Dear owner/occupier,

**109026 - Kingmoor Infant School - 31 Naworth Drive
Footway Improvements**

We want to let you know that Cumberland Council will be carrying out **Footway Improvements** on the **109026 - Kingmoor Infant School - 31 Naworth Drive** which will commence on 19th March 2026 for 2 days (subject to prevailing weather and site conditions)

These essential works will be carried out under a footpath closure and a diversion will be provided, please see reverse for details.

The working hours will be between 08:00AM to 16:00 PM. Access for pedestrians and dismounted cyclists will be maintained at all times.

Should you have any special access requirements, or if you require any further information regarding these essential highway improvements, please visit Cumberland Council online at cumberland.gov.uk or contact the Highways Hotline on 0300 373 3736.

When contacting us, please state that your enquiry is regarding;
**25-3501_29 - 109026 - Kingmoor Infant School - 31 Naworth Drive
Footway Improvements**

Yours faithfully
Gary Moore
Highways Officer

Help us to help you
Have you noticed a problem with the road, traffic lights, streetlights, drains, or pavements? Please let us know!

To keep our highways safe and well-maintained, we rely on your reports. If you spot an issue, don't wait—report it today, and we'll work to get it fixed! Thank you



Comic Relief - Friday 20th March



It was great to see everyone in school in non-uniform or wearing something red to raise funds for Comic Relief.

We raised over £220.00!! Thank you for your support to school and donations.















Makaton

Here are this week's alphabet letters in Makaton, remember when saying someone's name, you use the Makaton sign for the first letter of their name.



s - hook little fingers together on both hands



t - forefinger at the side of opposite palm



u - point to the pinky finger of an open hand

Stars of the Week!



Nursery Star: Vinny Meadow Aston Kaspar

Lunchtime Award: Josie B Jake F Owen H Erick M Aidan P

Class 1 Star: Dominic

Lunchtime Award: Olivia W

Class 2 Star: Chester

Lunchtime Award: Lily R

Class 3 Star: Milena

Lunchtime Award: Alfie H

Class 4 Star: Finley

Lunchtime Award: Mikayla McM

Class 5 Star: Effie

Lunchtime Award: Belle M

Class 6 Star: Oscar

Lunchtime Award: Elijah A

Class 7 Star: Darcey

Lunchtime Award: Sophia R

Class 8 Star: Crosswell

Lunchtime Award: Paige B

Class 9 Star: Ella

Lunchtime Award: Flourish C-N

School Attendance

It is great to have so many children all well again and back in school, our attendance is much better this week and it is 92.7%.

Calendar Dates

Monday – Friday 23 rd – 27 th March	Big Walk & Wheel 2026	
Monday 23 rd March	Year 2 Class 9 Stocks Wood Trip	AM
Tuesday 24 th March	Year 1 Class 5 Tullie House Trip	AM
Tuesday 24 th March	Year 2 Class 7 Stocks Wood Trip	AM
Wednesday 25 th March	Year 2 Class 8 Stocks Wood Trip	AM
Wednesday 25 th March	Year 1 Class 4 Tullie House Trip	AM
Friday 27 th March	Easter Chocolate Raffle Draw - £1 to enter	
Friday 27 th March	Last day of term	
Monday 13 th April	First day of term	
Monday 13 th April	KNIS Friends, Parent and Teacher Association meeting in school	5pm

Menu for week commencing 23rd March

1.	Choice 1	Choice 2	Pudding
Monday	Kingmoor Kitchen prepared Beef Pasta Bolognese or Rustic Tomato Pastas served with oven baked Garlic Bread, vegetables & Salad Sticks	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Chocolate Ice Cream Roll or fresh fruit or yogurt
Tuesday	Oven Baked Pioneer Sausage (Pork) or 'No Pork' Sausage served with mashed potato, seasonal vegetables & gravy	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Banana Cake or fresh fruit or yoghurt
Wednesday	Turkey Burger or Quorn burger Served with potato puffs & mixed salad	Freshly Made Roll Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Iced Gingerbread or Fresh Fruit or yoghurt
Thursday	Roast Chicken or Quorn Fillet served with roast potatoes, Yorkshire pudding seasonal vegetables & gravy	Freshly Made Sandwich Filled with a choice of tuna, ham or cheese served with fresh salad	Homemade Marble Sponge & Custard or Fresh Fruit or yoghurt
Friday	'Fishy Friday' or Kingmoor Kitchen prepared Cheese & Egg Flan served with chips, beans & vegetables	Freshly Made Wrap Filled with a choice of tuna, ham or cheese served with fresh salad	American Pancakes & Cream or Fresh Fruit or yoghurt

Useful Information

TOGETHERNESS **NHS**





Emotional health learning for everyone

Parenting ideas you can trust

FREE online support for bumps, babies, school, and beyond.

Enter the Access Code: **WORDSWORTH**
FREE for residents of: **Cumberland**

Cumberland Council **Cumberland Family Hub** **togetherness.co.uk**

INSIGHT UK DARSHANA

Exhibition on the
Hindu Civilisation


Explore the timeless essence of Hindu Dharma through an immersive journey into its traditions, spirituality, arts, sciences and contributions to humanity. Discover, learn and celebrate the wisdom of the most ancient yet living civilisation in the world!

📍 : TULLIE, CASTLE STREET, CARLISLE, CA3 8TP

📅 : Sunday 22nd March 2026
🕒 : 11:00 AM to 4:00 PM

With Hindu themed Make and Create Sunday!
Open to All – Free of charge

No need to Book!



INSIGHTUK.ORG | INFO@INSIGHTUK.ORG



Kingmoor Nursery and Infant School



Knowsley City Learning Centres

Online Safety Newsletter March 2026

YouTube Safety Update: New Parental Controls

YouTube have published their latest update on how parents can support their child on YouTube. YouTube will now allow parents to set the amount of time viewing Shorts – this can even be set to zero. YouTube Shorts are short videos, usually less than 60 seconds long, which when continuously watched, can lead to excessive screentime. Furthermore, parents will also be able to set bedtime and 'take a break' reminders. You can find out more here:

<https://blog.youtube/news-and-events/updates-youtube-supervised-accounts-teens/>

If you would like to find out more about supervised accounts on YouTube, then this article explains the different settings available:

https://support.google.com/youtube/answer/10315420?hl=en&GB&ref_topic=15279060&sjid=15225282116002181205-EU

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleyccs.org.uk/march-2026/>

Mobile phones: do you know the risks?

We know that children having access to a smartphone can expose children to risks including:

- Viewing inappropriate content
- Excessive screen time/use, which in turn can affect their mental health and sleep pattern.
- Contact from inappropriate people/grooming
- Cyberbullying
- Spending money on in-app purchases/scams

What effects do mobile phones have on children's mental health? Compass discuss the research around this important topic, outlining the positive and negative effects that mobile phones have:

<https://compass-uk.org/services/compass-charities/likes/online-resources/what-effects-do-mobile-phones-have-on-children-and-young-peoples-mental-health/>

EE Online Safety Hub

EE has published age guidance for smartphone usage to improve children's digital wellbeing. In summary, they recommend that children under 11 should use non-smart devices, for children aged 11-13, they advise that if a smartphone is used, then parental controls should be enabled and access to social media restricted. Finally, for 13-16-year-olds they still recommend that parental controls are implemented and appropriate restrictions set up. You can read the full guidance here:

<https://ee.co.uk/internet-online-safety/>

Could you delay when your child is given a smartphone with Smartphone Free Childhood?

The premise behind this movement is that all parents/carers of a class all agree not to give their children smartphones (therefore the level of peer pressure is reduced) for a set time or until a specific age:

<https://www.smartphonefrechildhood.org/>

What device?

When you think it is the right time for your child to have a phone, then 'Which?' provide an overview of some options available:

<https://www.which.co.uk/reviews/mobile-phones/article/buying-a-first-mobile-phone-best-dumb-phones-and-smartphones-for-kids-aA03C3Y8aTz>

Virtual Private Networks

A Virtual Private Network (VPN) helps make your connection between a device and the internet more secure and can help protect personal information and add privacy. However, whilst a VPN has benefits, it is important that you are aware that if your child is using a VPN, they may be able to get round Wi-Fi restrictions, access blocked or restricted websites and bypass parental controls. It may also mean that their browsing history is hidden.

The NSPCC provides a helpful overview of VPNs, plus top tips and conversation starters here:
<https://www.nspcc.org.uk/keeping-children-safe/online-safety/vpns-and-online-safety/>

Social Media Algorithms

What is an Algorithm?

Algorithms influence what we see on social media platforms and predict what type of content we are most likely to interact with, thereby keeping us online for longer. The algorithm uses information such as who you follow, what you have searched for and what you have watched, liked or shared to determine what it thinks most interests you. It will then show you this content more, for example, in the explore tab on Instagram.

What do I need to know?

Whilst there are benefits to algorithms, for example it means we tend to see content that does interest us, unfortunately there are negatives as well. They can lead to increased screen time as we continue to see things that interest us. Secondly, it can lead to users being shown large amounts of inappropriate content which can for example, exacerbate negative body image or heighten access to misogynist content. It can also lead to 'echo chambers' where you are only seeing content that relates to your opinion rather than seeing a balanced viewpoint.

Further information

- <https://cybersmarties.com/behind-the-screen-how-algorithms-shape-what-kids-see-online/>
- The BBC discuss algorithms in this article about doomscrolling: <https://www.bbc.co.uk/bitesize/articles/fwnkzqt>

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Five Nights at Freddy's

Five Nights at Freddy's is a horror game designed to frighten players with jump scares or creepy characters. It can be accessed from several places, for example on an Xbox (PEGI rating of 12) and on the App store (age rating of 13+). There is merchandise available, which may suggest that it is child friendly. We would recommend that you preview the game first to ascertain its suitability for your child. You can view Bark's review here:

<https://www.bark.us/content-review/five-nights-at-freddys-review/>

Screen time and online harms

The Royal College of Paediatrics and Child Health have created a page that brings together key resources on screen time. Find out more here:

<https://www.rcpch.ac.uk/resources/screen-time-online-harms-resources-members>

New government campaign: Is your child influenced by toxic content?

The Government have launched a new campaign providing guidance to parents on safety settings, conversation prompts and advice for tackling misinformation and harmful content. It also includes a quiz to help you and your child spot misleading or unreliable information online. You can find out more here:

<https://www.gov.uk/government/news/is-your-child-influenced-by-toxic-content-new-government-campaign-supports-parents-to-talk-about-harmful-online-content>