

Year 1 Long Term Plan

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		
Happy Habits	Meet your Brain Happy Breathing		Celebrate Character Strengths		Appreciate Attitude of Gratitude		Relate Positive Relationships		Engage		Reflection Moving On		
Learning Powers	Imagining		Learning to Learn		Exploring		Collaboration		Resilience		Reflecting		
English Writing	Strong Start Writing – Autumn 1 – 2 sessions per week				Shape poems and Calligrams (1wk)				Informal letters (2wks)				
	Poetry: pattern and rhyme CUSP link Seasonal changes				Informal Letters (2wks) CUSP links Lives of significant individuals				Recounts from personal experience (2wks)				
	Setting Descriptions (2wks) CUSP link Seasonal changes				Recount from personal experience (2wks)				Poetry on a theme (nature) (1wk) CUSP link plants				
	Instructional writing (2wks)				Poetry on a theme (1wk) CUSP Link: Plants				Setting descriptions (2wks) CUSP Link Hot and Cold				
	Shape poems and calligrams (1wk)				Instructional writing (2wks) CUSP Food technology – recipes				Poetry: pattern and rhyme (1wk)				
	Stories with familiar settings (3wk) CUSP link UK study				Stories with familiar settings (3wks)				Stories with familiar settings (3wks)				
Science	Introduce seasonal changes and daily weather		Introduce everyday materials.		Introduce Animals including Humans.		Plants including Trees		Revisit and retrieve Animals Including Humans	Revisit Plants	Revisit Plants, Animals including Humans. Seasonal Changes / Daily Weather		
Geography			Continents Oceans, UK countries, capitals and surrounding seas. Locational Knowledge				Fieldwork and Mapping (4 wks)	Review and revisit (3wks)			Hot and Cold Locations		
History	Changes within living memory				Significant individuals Mary Anning and David Attenborough				Significant individuals Neil Armstrong Mae Jemison (4 wks)				
Art & Design	Painting – Block B	Drawing – Block A					Printmaking – Block C	Textiles - Block D			3D - Block E		
Design Technology			Mechanisms Block A -	Structures – Block B	Food and Nutrition– Block C CUSP LINK: Animals, Inc Humans	Food and Nutrition – Block F			Understanding Materials - Block D CUSP Link: Materials		Textiles - Block E CUSP link: Hot and cold places		
Computing (Purple Mash)	Introduction to Purple Mash Creative Computing		Data Explorers		Creating and following Instructions Technology Around Us		Coding (6 Lessons)		Animated Stories		Making Beats		
Music (CUSP)	Introducing beat		Adding rhythm and pitch		Introducing tempo and dynamics		CUSP D Untuned percussion: Introducing tempo and dynamic. Identify changes in sounds (fast/slow, loud/soft).		CUSP E Singing: Exploring emotions through music. Responding to music.		CUSP F Untuned percussion: Experimenting with sounds (duration). Representing sounds pictorially.		
PE (Get Set for P.E)	Fundamental Movement Skills running, jogging, dodging, jumping, hopping, skipping	Dance travel, copying and performing actions, using shape, balance, co-ordination	Ball Skills rolling, kicking, throwing, catching, bouncing, dribbling, tracking	Gymnastics Balancing, rocking and Rolling	Target Games underarm throwing, overarm throwing, aim, hand eye co-ordination	Dance travel, copying and performing actions, using shape, balance, co-ordination	Sending and Receiving throwing, catching, retrieving/tracking/ striking a ball,	Gymnastics Travelling, weight on hands and sequences	Net and Wall throwing, catching, hitting a ball, tracking a ball	Invasion throwing and catching, kicking, dribbling with hands and feet, dodging, finding space	Swimming Water confidence and fundamentals of swimming	Striking and Fielding throwing, catching, retrieving/tracking /striking a ball,	
RE (Discovery RE)	Christianity Looking after the world		Christianity The Christmas Story		Christianity Jesus as a Friend		Christianity Easter- Palm Sunday		Judaism Shabbat		Judaism Chanukah		
PSHE (My Happy Mind)	Meet your brain		Celebrate		Appreciate		Relate		Engage		Revisit Previous Learning		